



# Focus on Health

Find out how the *Menorah Park Center for Senior Living* focusses on improved health for all adults.

by **JenniferWoomer**

In-patient rehabilitation isn't high on anyone's bucket list. But folks who have experienced sub-acute services at *Menorah Park Center for Senior Living* rave about the Beachwood facility's whole-person approach, offered on one conveniently located campus.

"I spent almost all of October at your facility," writes a former patient. "Your reputation was not at all overblown. The physical and occupational therapists were excellent. They were not treating a case but a person."

Individual attention to medical, emotional, social and intellectual needs has placed Menorah Park among the top 10 percent of senior care centers nationally with a five-star Medicare rating. Even with more than 900 sub-acute admissions annually, stringent state inspections consistently find zero deficiencies in care and cleanliness.

Unlike other facilities, Menorah Park's medical team includes three doctors, three physician assistants and a psychiatrist. When needed, Menorah Park's social workers expertly and compassionately address admissions, discharges and other concerns. Speech, physical and occupational therapists team with the medical staff and social workers to tailor each patient's care.

"That's rare and it really sets us apart," says administrator Richard Schwalberg. "Whether recuperating from planned joint replacement surgery or unexpected

ailments such as heart attacks, strokes or diminished mental capacity, staff therapists help patients regain their highest level of wellness and independence."

State-of-the-art facilities include wheelchair-accessible pools at the Peter B. Lewis Aquatic & Therapy Center, a real-world apartment for practicing daily living skills, a full-size car to rehearse safe entry and exit, and the Adaptive Living Shoppe, which offers items that support safety.

To promote enjoyment, Menorah Park sponsors 15 activities daily including musical programs, the arts, distance learning, films and historical discussions. The traditionally Jewish facility welcomes patients from all backgrounds.

Staff members attend bi-weekly mandatory classes that promote guest and customer relations.

The Person-Centered Care and Quality-of-Life programs promote "extras," such as pancake breakfasts, bagel brunches, gourmet dining at Menorah Café, wireless internet access, and a small merry-go-round and indoor and outdoor play areas for the enjoyment of visiting grandchildren and great-grandchildren.

Menorah Park offers 24/7 admissions and accepts Medicare and most private insurance.

*Menorah Park Center for Senior Living is located at 27100 Cedar Road, in Beachwood. The phone number is 216-831-6500 and the web address is [www.menorahpark.org](http://www.menorahpark.org).*