

Certified Hand Therapist Now on Hand For Menorah Park's Rehab Department

{Beachwood, OH} We are proud to announce that Occupational Therapist Kathy Ondak has earned the credential of Certified Hand Therapist. This credential (CHT) assures the public that she has achieved the highest level of competency in her profession, and that she stays up to date with practice within the field of rehabilitation of the arm, wrist and hand. Certification in hand therapy is voluntary and difficult to attain. Participants meet rigorous standards and advance study and training which is required to pass the examination given by the Hand Therapy Certification Commission (HTCC). CHTs demonstrate personal dedication to the profession and a desire for advanced competency. The CHT credential is recognized as a benchmark for excellence in advanced specialty credentialing in healthcare.

Benefits of Working with a Hand Therapist

Our specialists offer the very best treatment available and work to assure maximum recovery and a return to personal and occupational activities when possible. The intricate anatomy of the arm and hand frequently requires delicate and complex surgery. The technical complexity of these surgeries necessitates a high level of competence by therapists with advanced skills. CHT Hand Therapists provide services for post-operative rehabilitation for surgical repair of tendons and nerves, fractures, amputations and burns. They also provide treatment for conditions such as tendonitis, rheumatoid arthritis, osteoarthritis, and carpal tunnel syndrome. Treatment may involve custom splint fabrication for prevention or correction of an injury, management of acute or chronic pain, training in use of adaptive equipment, or design and implementation of exercise programs to increase motion, dexterity and strength. For more information, call 216-595-7345.