

# MENORAH PARK CAMPUS NEWS

Menorah Park Center for Senior Living Community Newsletter

July 2010

## They Say They Do - Again at R.H. Myers Vow Renewal Ceremony

By Helene Weinberger, Menorah Park volunteer



David & Natalie Rothenberg

The wedding of a young couple is always a joyous time, but to renew one's wedding vows after many memorable years is infinitely more meaningful and a very special dream that is about to come to fruition for couples from the R. H. Myers Apartments. On August 1st, Rabbi Howard Kutner will officiate at this magical occasion! These married couples have shared children and memories of their youth, their many struggles, their frequent sorrows and, of course, the great joys of family life!

David and Natalie Rothenberg met on a date arranged by a family member.

He had just retired from the Merchant Marine as a Lieutenant, Junior Grade, after three years of service

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## Independence Day Each and Every Day at Menorah Park's Mandel Adult Day Center

Promoting independence and giving clients the opportunity to make positive choices is what Menorah Park's Mandel Adult Day Care Center (ADC) is all about. Living in East Cleveland, Embassy Club Member, Helen Terry, schedules her own transportation every three days with RTA to be sure she gets to the day center everyday. "I love coming here. I tell everyone about the wonderful activities like exercise, dances, and outings that I participate in when I'm here. The staff is so caring, and thoughtful; it's a great place to meet nice people. Coming here keeps me motivated."

Cleveland Heights resident, Dick Neuberger has been attending the ADC for several years. Before the ADC he was home watching television all day. "Coming to the day center has opened up a new world for me. I'm not home staring at my four walls. My brain and body get a workout everyday. I am more social, and I enjoy meeting new people and getting to know them. I was honored when staff asked me to be part of the welcome committee to help orient new club members to the program. Going on outings, the special events, and games allow me to spread my wings in ways that I never have before. I am grateful."



Happy  
4th of July!

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## From The Administrator's Desk

# A Vision of Caring



**Prentice Lipsey,**  
**Associate Administrator**

In January, I had the privilege of joining the premier team here at Menorah Park Center for Senior Living. As the new Associate Administrator, my main focus is to maintain the caring touch for the hundreds of residents that have made Menorah Park their home. Therefore it is my vision over time to further the great work that is already occurring.

There is a great deal of momentum within long term care for the conversion of nursing homes to become more like a resident's home environment. Many of the models include retrofitting outdated facility designs, and major renovations to a facility's buildings. Thousands of organizations have thrown caution to the wind, and initiated large capital projects to achieve this. Most will not succeed for one main reason:

Creating a homelike environment goes much deeper than cosmetic changes to surface interior designs and décor. Menorah Park is an organization on the cutting edge. That being said, the senior leadership of Menorah Park has already invested heavily in the most crucial step towards achieving a more homelike environment. Resident centered care does not start with bricks and mortar, but begins with the culture of an organization. At Menorah Park there is a caring culture

of family established through the high standards and expectations that we treat our residents and fellow staff members with respect. Recognizing that we all share the same goal of providing resident centered care, we are strides ahead in this endeavor. I take pride in the fact that this began decades ago at Menorah Park; we know that it can take an organization anywhere between six to ten years to accomplish a true change in culture. Without fulfilling the crucial step of training and modeling an attitude that residents come first in all you do, a resident centered care model is not possible.

As time goes on I will further enhance this transformation from institution to home. There are many examples of how this transformation is already occurring: The Nature Center, Fundamentals Childcare, Pearl's Place, The Dementia in Excellence Program, the lack of overhead paging, and the privacy of residents' rooms being situated away from common spaces. Behind the scenes, I have also witnessed several examples of how our residents are provided with the opportunity to make their own choices. This is not to say we are perfect; in everything, there is always an opportunity to improve.

This is where my vision for Menorah Park comes in; to make resident centered care improvements with actions such as replacing words such as, "patients, nursing units, and stations" to "residents, neighborhoods, and home offices" as a part of our every day vernacular, to further the notion that we truly are a center for senior living. Other efforts include projects focused on enhanced dining arrangements and noise reduction through the evaluation of call light systems that make use of wireless technology and software facilities that are able to track response time and eliminate the sound of dings and chimes. These may seem like small items, but to residents living with the background noises of delivery carts and call bells, it can make a world of difference. Soon we will begin evaluating alternatives to the tray line delivery system where possible, and look at providing a family buffet style approach to increasing appetites through smell and presentation. In general, my vision for long term care has not changed from the time I entered the field; in fact my desire to rid nursing homes of the stigma placed on them has only grown. Menorah Park serves as model for how an organization should run, and it will always take a touch of caring to improve the lives of others. Future changes to Menorah Park will inevitably happen as the years go by, and I am extremely excited to see where this vision will take us.

### THE PLAIN DEALER



Menorah Park is honored to be distinguished as an exceptional place to work by our staff members and The Plain Dealer.

We have always placed a high priority in providing

a supportive and positive work environment, with opportunities for growth and development, competitive salary and benefits, recognition for dedication and achievements, and a focus on health and wellness. Research demonstrates that investing in our staff members directly impacts the level of passion and dedication to their jobs. This translates to the high quality care our residents, families and clients expect and appreciate each day. And that is why we are so proud. This employee standard validates our commitment to our community - our extended Menorah Park family. Thank you for entrusting us with your care and the care of your loved ones and congratulations to our outstanding staff.

# Healing of the Soul and the Body



**Rabbi Ephraim Karp, Director of Spiritual Living**

Dr. Benjamin Corn, Chairman of Radiation Oncology at Tel Aviv Medical Center- Ichilov Hospital, was our recent Judaic Scholar in Residence. He spoke to us about spiritual care and its importance.

The traditional prayer for those who are ill, the Me-sheh-bayrakh, mentions the “healing of the soul and the healing of the body”. Dr. Corn explored the relationship between these two dimensions. While he left

us struggling with this relationship, he also made it clear that the healing of the soul was an important part of our overall care.

When we go to see a doctor, we expose ourselves. We share our wounds, our weaknesses and those places where we are vulnerable. We need to do this so our doctors can do their job. Doctors, on their part, are often very busy providing care and may only see the diagnosis and the cold hard facts. Dr. Corn suggested that a doctor should also offer his patients an insight into their vulnerabilities and weaknesses. He offered the idea that the relationship between the patient and his doctor occupies a holy space; a space that should be honored by recognizing the humanity of both participants.

Dr. Corn gave us two examples of such interactions. In Israel the intake process involves recording both the patient’s name and the name of his father to prevent any confusion. The Doctor told us that he also asks patients for their mother’s name, explaining that this is the traditional way to pray for healing. Although the majority of his patients are not religious (some are even anti-religious), of the more than 3,500 patients he has treated not a single person objected. Everyone gave him his mother’s name!

He also related the story of a friend whose wife struggled with cancer while in the hospital. She noted the name of each person who provided her with any care, from the nurse to the floor sweeper, also asking them something about themselves and their families. At first, the doctor thought his wife’s way of coping was to distract herself. She explained, however, that she wanted to see life with all its colors. This enabled her to strive for healing.

Healing is more than just treatment, medicine and therapy. Healing is also about human interaction. It is about the value and nurturing of each human soul. It is watching and seeing life with all its colors.

## *In Honor of Independence:*

# Woman’s Actions of Bravery Seen in Vision For Peace

*“My vision for our nation’s future includes a longing for world peace.” Pauline (Polly Silverman)*

It’s fitting that soon to be 90 Pauline Silverman, a Stone Gardens resident, was born in the same month as Independence Day. She recently placed a handwritten paragraph on the dream board where she lives about her vision for world peace. The letter explains how Pauline worked for peace throughout her life as an activist and as a volunteer for an organization called the Nuclear Freeze, (name later changed to Peace Action) whose goal was to eliminate nuclear weapons from the world. Pauline explains that she participated in numerous marches and protests throughout the country, she hounded Senators and representatives, and utilized the media to get the message of peace to the world. She even visited a nuclear test site in Nevada to demonstrate with thousands of other people from all over the country. Her group was arrested for being on government property, but was later released unharmed, “It was the proudest moment of my life,” she said. “However, nuclear weapons abound, nuclear treaties are not observed, and war goes on. I hope to live to the day when our nation has led the world to a true and lasting Peace!”

This Independence Day, we should all understand why we are free, and how people like Pauline make a true difference.

## A Day of Beauty:

Paul Mitchell School students treated Fairmount Pavilion residents to a spa day! Residents enjoyed manicures, pedicures, hair cuts and styles, and refreshments! What a kind and beautiful thing to do for our residents! Thank you!



# From the Lips of Compassion; a Gentle Kiss Goodbye

**“Death ends a life, not a relationship.”**

*Robert Benchley*



**Shirley Goldlust**

To know in your heart and to have to accept that your ailing, elderly mother will soon pass on is one of the most painful acknowledgements one can deal with. Vigilantly, you sit with her every moment that you can. You wait and you wait for the inevitable. You don't want her to be alone when she takes her final breath; you want to comfort her to the very end. In life, this is not always possible.

Death comes when it comes. At best, we can only hope it is painless, peaceful, and with a gentle liberation of the spirit. Nora Giglio, daughter of Shirley Goldlust (of Blessed Memory) knows this firsthand. For three years, her mother resided at Menorah Park, where Nora visited her every chance she could. On her mother's final day, Nora did everything humanly possible to be there, but death waits for no one. By the time she arrived, her mother was at peace. Nora found it in her heart to write the following letter to the staff at Menorah Park, and urged us to share it.

The following excerpts of her letter demonstrate that higher powers are always at work in life, and in death:

“The purpose of this letter is to reveal a very special moment I had this morning as I was alone with my mother in her room, a few minutes after she passed. Sadly, I had not been there at the exact moment, but arrived shortly after. An aide was watching over her, waiting for me to arrive. The room was softly lit with a yartzheit lamp and my mother's body was calm, at peace, and in a pristine bed. The aide softly gave me her condolences and left. I began to brush my mother's hair and wash her face, when I noticed a red smudge mark on her cheek that I had not seen before. As I swept over it with a damp washcloth, I realized that it was lipstick where she had been kissed. This simple whisper of an act told me that while she was leaving this world, there was someone at her side, who, in her own private moment cared enough about this woman to send her off with a final act of love. No one was watching; there was no relative or supervisor to impress. It just happened out of pure, innate compassion. This kindness cannot be taught or learned through schooling. It is there from the heart and the magic of Menorah Park's ability to find these people...”

During the time that Shirley was with us at Menorah Park, her daughter Nora was able to meet everyone around her; from housekeeping staff, to social workers and activities people, aides and nurses, religious staff, hospice staff, administrators, and Drs. Knight and Polish. In her kind letter, she thanked them all...“My gratitude and appreciation can never be fully expressed in words. I can only say that after my visits with my mother, as I was leaving, I would always have the comforting sense that she was truly in the sturdy hands of angels...I will forever remember the love and dignity shown to mother during her stay at Menorah Park.”

*“As a well spent day brings happy sleep, so a life well spent brings happy death.”* Leonardo da Vinci

## Still Stuffing the Bus!

**Wiggins Needs Your Help to Support Local Students**

For the past four years, the Wiggins Place Social Action Committee has collected much-needed school supplies from tenants and staff to donate to local children. The committee has collected enough supplies for approximately 30 students to start their scholastic year! We want to do more but we need your help! We will be collaborating campus-wide and community-wide for the biggest collection of supplies we have had to date. Wiggins Place Administrator Nancy Sutula says, “What a meaningful way to give back to the community, and to invest in the future! Drop supplies off at Wiggins Place on the Menorah Park Campus, 27070 Cedar Rd., Beachwood.



**“Your Life Made Simpler”**

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# Generous Gifts From Thoughtful People

Donations to the Menorah Park Foundation benefit the residents of Menorah Park skilled nursing home, The R.H. Myers Apartments, Stone Gardens, and Wiggins Place. The donations listed here were received May 1-31, 2010. We make every effort to ensure that the information is accurate. Please let us know of any mistakes or omissions. Thank you.

## Annual Campaign

Joyce & Alexander Bentsman, Florence & A. Richard Dobrin, Howard Epstein and Gregg Levine, Hakoah Club, Ida Lichtiger, Carole & Leonard Naft, Anita & Stephan Ross

## Joanne & Robert Balantzow Cultural Arts Fund

*In memory of Irwin Haiman - Joanne & Robb Balantzow*

## Bilsky Family "It Can Be Done" Fund

*In honor of Mr. and Mrs. Steven Bilsky's special anniversary, in memory of Sallie Deitz and Robert Glick - Marilyn & Jeff Bilsky*

## Helen & Herb Braun Father's Day Fund

Helen & Herb Braun

## Lynn & Barry Chesler Arts & Crafts Fund for Looking aHead

*In honor of the birth of Ari James Audino - Jeffrey Schultz*

*In memory of Robert Glick and Syville Rubin - Lynn & Barry Chesler*

## Michael Cole & Bonnie Harshman Cole Father's Day Fund

*In memory of Sallie Deitz - Bonnie & R. Michael Cole*

## Marcy & Richard M. Cowan Clown Fund

*Wishing happy Mother's Day to Marcy Cowan - Erica and Greg Cowan*

## Milton I. & Diana R. Davis Orthodox Religious Programing Fund

*In memory of Bella Davis - Diana R. Davis*

## Eckelson, Kaplan, Kempner, & Udelf Fund

*Establishment of fund - Marjorie Kempner*

## Carol J. & Morton S. Frankel Music Fund

*In honor of Michael Feiner's 65th birthday - Carol & Morton Frankel*

## Daniel S. Goodman Memorial Fund

*In memory of Donald Silversteen - Susan & Jeffrey Weiler*

## Lillian & George Goodman Gardening Fund

*In honor of Robert Goodman's birthday - Ruth Goodman, David Kahane*

## Dr. Arnold L. Heller Memorial Fund

*In memory of Andrea Chizek - Doris & Marvin Cramer*

## Bertha & Abe Kipperman Aquatic Equipment Fund

*In honor of Lisa Marik's birthday, Marcia Ungar's birthday, Michael Ungar's birthday and installation as president of the Cleveland Bar Association, and Esther Lewis' granddaughter's marriage in Israel - Sue & Stan Marik*

## Bella & Albert Korman Children's Outings Fund

*In memory of Molly Bell - Sharon & Sheldon Korman*

## Shirley & Bob Lev Lifelong Learning Fund

*In memory of Shirley and Bob Lev - Nina Lev and Family*

## Arlene & George Leventhal Card Fund

*In memory of Evelyn Meckler & Sanford Heiser - Terri & Ken Kraus*

## Ida Lichtiger Saturday Night Entertainment Fund

Ida Lichtiger

## Jennie & Milton S. Lipson Memorial Fund

*In memory of Joni Katz - Shelley & Ron Lipson*

## Jane Pearson FUN Fund

*In memory of Jane Pearson - Anita Koblitz, Diana Pearson, Mary Solomon*

## Rose Persky Special Needs Fund

*In memory of Harrison Fuerst and Molly Bell - Diane & Norman Halpern*

## Sylvia & Michael Piccus Rose Garden Fund

*In memory of Pearl Margolin - Phyllis & Barry Shane*

## Gertrude & Henry Polster Memorial Fund

Judy & Donald Zauderer

*In memory of Peggy Bookatz - Frances & Sheldon Polster*

## Judy & Marvin Ritzenberg Family Holiday Flower Fund

*In memory of Howard Isaacson and Maria Henningsen - Judy & Marvin Ritzenberg*

## Hirsh Rivitz Family Reform and Conservative Services Fund

*In honor of Ruth Moss' birthday - Dorothy Rivitz*

## Enid & David Rosenberg Dream Fund

*In honor of Enid and David Rosenberg's new granddaughter - Amy & Ira Kaplan*

## Harriet & Sol Roth Garden Fund

*In memory of Marcy Arbitman and Syville Rubin - Harriet Roth*

## Enid & Stanley Rothenfeld Memorial Fund

*In memory of Sallie Deitz, Howard Cooper, & Arthur Shorr, and in honor of Carol and Barry Smith - Susan & Robert Zimmer*

## Edith & Alvin Schreiberman Garden Fund

*In memory of Alexander Seltzer - Barbara & Richard Schreiberman*

## Barbara & Richard Schreiberman Grandchildren's Arts and Crafts Fund

*In memory of Lloyd Mendes, Maxwell Goldberg, and Laurence Guthmann - Barbara & Richard Schreiberman*

## Simon Family Children's Fund

*In memory of Marc Pufeles and Sallie Deitz - Ellen & Larry Chernikoff*

## Yetta Sustin and Goldie Rashkow Distinguished Nurse Award Fund

Kenneth S. Sustin

## Sylvia Wald Volunteer Appreciation Fund

Lori & Joseph Compton

## Ida & Herman Weinberg Jewish Holiday Fund

*In memory of Millie Chrabry, in honor of the birth of the Wine family's granddaughter - Harriet & Mel Morris*

## Myra & Howard Whitelaw Celebration of Life Fund

*In memory of Carole Klein and Joni Katz - Barry Henkin*

## Jean & William Wilkoff Judaic Art Fund

*In memory of Molly Bell and Arthur Shorr - Lois & Marty Marcus*

## Illein and Hans Youngman Floral Fund

*In memory of David Goldstein - Illein Youngman*

## General Support

Dorothy Stoller

*In honor of the birth of Gavin Lee Kane - Diana King*

*In honor of the birth of Enid and David Rosenberg's granddaughter - Nora & Brian Berman*

*In honor of Ethel Goldman's 90th birthday - Nancy & Sheldon Hartman, Gertrude Weissman*

*In memory of Molly Bell* - Joann & Thomas Adler, Elaine Bercu, Joanne Berman, Betty & Robert Botti, Philip Buckner, Lois Butler, Marilyn & David Elk, Sheila & Merle Frankel, Joan & Victor Gelb, Linda & Ted Grossman, Hortense Himmel, Jane Frankel, Priya Junnar & Hiram Chodosh, Lucille & Saul Kammen, Carol & Richard Kaufman, Katharine Kenny, Annette & Robert Klayman, Gloria Kubel, Carolyn Lampl, Fran & Sid Lasky, Ruth Levin, Karen & Ira Levinsky, Joseph Mannino and Carl Creagh, Annette Markell, Ruth & Doug Mayers, Helen Moise, Eudice & William Morse, Francine & Benson Pilloff, Barbara Robinson, Nancy G. Rome, Mary Ann & M. William Rose, Rhea and Michael Salkovitch, Lois & Victor Scharf, Clare Shaw, Mimi & Marvin Sobel, William Steiner, Louise & Lew Sternberg, Marcia & Morton Stone, Mitzie Verne, Eleanor Weisman, Barbara Winicki

*In memory of Kimberly Chapman* - Jeffrey Schultz

*In memory of Sallie Deitz* - Joyce & A.B. Glickman, Alvin Gray, Nancy & William Griffith, Charlotte & Armin Guggenheim, Susan & Michael Hyman, Bess & Richard Kaplan, Jean and Allan Kleinman, Elayne & Robert Kwait, Miriam & Isadore Lidsky, Alan Lipson, Harriet & Gary Mann, Emily Lebowitz & Charles Miller, Hal Myers, Carole & Leonard Naft, Sylvia and Robert Reitman, Lois & Victor Scharf, Karen & Floyd Silver, Ann & Phillip Singer, Debbie and James Strassman, Linda & Chris Sullivan, Norman Wain, Paula & Ken Zeisler

*In memory of Thelma "Tibey" Elfman* - Kellie Granberg/Kerry Ingredients

*In memory of Robert Glick* - Nora & Brian Berman, Diane Chapman, Amy Gerson, Sid Good, Patricia O'Donnell & Bruce Gaynor, Positive Education Program, Lori & Steve Raichilson, Paula & Donald Samuels, Myrtle & Robert Silverman, Penny & David Strauss

*In memory of Shirley Goldlust* - Minda Rudnick & Michael Zabell

*In memory of Clara Green* - Ellen & Gary Petler

*In memory of Donald Herman* - Mary Beth Heinrichs, Renei Straus

*In memory of Joni Katz* - Lois Gross

*In memory of Carole Klein* - Marcia & Beni Giterman

*In memory of Reese Lakits* - Beverly & Harold Bushman

*In memory of Miriam Molecke* - Thelma & Ray Rivin

*In memory of Abraham Shomstein* - Edith & Martin Shomstein

*In memory of Charlotte Uhrman* - William Spero

*In memory of Donald Silverstein* - Kate & Bruce Block, Ellen & Jeffrey Brooks, Ingrid & Art Cohen, Ann & Norman Cohen, Ellen & Robert Herman, Donna & Andrew Kasle, Sanford Kutash, Annette Markell, Sylvia Millet, Cori & Vic Rosen, Tammy & Elliot Rosen, Marilyn & Jerald Schneider, Sue & Vic St. Hilaire, Renei Straus, Joann & John Vecchione, Jr., Pamela & Steven Weisman, Mildred and Ben Zimmerman

*In memory of Frances Tramer* - Marilyn & Earl Weiss

*In memory of Benjamin Weiss* - Deborah Garson, Robert Heiser, Shushano, Ernest, and David Long, Hallie Murphy, Dennis Reimer, Karen & Floyd Silver

### Program Support

*For activities at Menorah Park* - Forest City Hebrew Benevolent Association

*For Teen Philanthropy Program* - Gail & Elliott Schlang

### Fundamentals

*For renovation of FUNDamentals Child Care Center* - Adele & Philip Neshkin

### Mandel Adult Day Center

*In memory of Harriet Greenberg* - Leslie & Thomas Andrzejewski, Beverly & Sheldon Brodsky, Linda & Eli Goodstein, Irene Kay, Donna & Philip Levine, Bobbi Sedley, Carol & Irwin Sokol

### Rabbi's Discretionary Fund

Martin & Bette Amster Endowment Fund of the Jewish Community Foundation of Southern Arizona

Seymour Greenstein

Gisela & Ralph Shapero

Marlene & Loren Wolsh

*In memory of Ethel Gordon* - Mildred Resnick

*In memory of Gershon Epstein* - Greater Cleveland Board of Rabbis, Dianne Millstein, Park Synagogue

Yahrzeit of Martin Katz - Michael Katz

Yahrzeit of Esther Ryshen - Judith Weiss-Katz & Eugene Katz

Yizkor - Susy & Harold Feuer

Yizkor of Rhea Sherman & Bill Sherman - Dianne Millstein

### R. H. Myers Apartments

*In honor of Joanne Grossberg* - Jameela Murray-Clark

*In memory of Donald Silverstein* - Marsha & Jim Spitz

### Stone Gardens

Stone Gardens Employee Gift Fund

Louis Gray

*For Stone Gardens 2010 Resident Assistant of the Year Award* - Lois Roberts

### Wiggins Place

*For a birthday celebration* - Corinne & Stephen Fairweather

*Fay Winger Flower Fund* - Fay Winger

*In honor of Faye Winger* - Charlene & Stanton Winger

**GIVE, THEN TAKE.**

That pretty much explains the Charitable Gift Annuity from Menorah Park. You make a gift, and you receive a healthy annual return of up to 9.5% for as long as you live.\* And a significant portion of your gift is immediately tax-deductible. But just because it makes financial sense doesn't make it any less a mitzvah: your gift will help keep Menorah Park strong for another hundred years.

Call Brett Shankman to find out more @216.595.7324

\*Rate of return based on age at the time the gift is made. As of March 23, 2010, the rate at age 80 is 7.1%. At 85, it's 8.1%.

# Dedicated Women Exceed Classroom Expectations

Special by Solon High School Graduate Elyse Frank



***Elyse Frank joins the fast-paced world of public relations at Menorah Park for an end-of-year Solon High School educational experience.***

wish her well as she enters the next chapter of her life at Cornell University!

The year-round classes at Menorah Park have continually provided residents the opportunity to enhance their knowledge and understanding of the world. The Rose Institute for Life Long Learning offers educational classes that cover a vast array of topics to nurture and stimulate learning in a classroom environment. Unlike the familiar classroom structure utilized in high schools and institutions, Rose Institute boasts a non-intimidating atmosphere that does not include dreaded exams, unfair homework, and the stressful cutthroat environment.

Every year Rose Institute for Life Long Learning awards two deserving participants of distinction. This year's Valedictorian and Rose Award Winner both represent the ideals of motivation, and commitment to persistently expanding their breadth of knowledge. The winners of the esteemed awards are Ruth Bernstein from The R.H. Meyers Apartments, this year's Valedictorian and a first-year Master Life Long Learner, and Netta Berman from The R.H. Myers Apartments, this year's Rose Award Winner.

Both women embody the principles of the Rose Institute and the dedication to enrich their lives through education. Berman is no stranger to academia and has a lifetime of experience in education. She attended the University of Michigan to receive her undergraduate degree; and Case Western Reserve University to earn her Masters. In addition, she has taken classes at Cleveland State after attending college to boost her awareness of political science, Spanish, English, and American studies. Berman described Rose Institute as "a substitute to going to college." She explained that while the classes are not at the same level of difficulty as a demanding college class, the

We had the pleasure of having Elyse on the Menorah Park Campus for two weeks as she completed her Solon High School senior project here. We

Rose Institute challenges individuals to discuss intriguing topics and to maintain awareness. Berman affirmed that she enjoys keeping busy and having responsibility. At Rose Institute, she continues her active community involvement by engaging with a committee that evaluates instructors. Berman demonstrates a passion for continual learning through her joy of reading novels and biographies, participation in a book club, and interest in political topics. She even coaxed her past neighbor, Al Foster, to run for Shaker Heights City Council back in 1995, and they remain friends to this day.

Ruth Bernstein, last year's Rose Award Winner and a graduate of Brooklyn College, shares Berman's passion for continual education. Ever since childhood Ruth has had a love for education and reading. Not letting her age serve as a barrier, Bernstein continues to venture to the library weekly. Ruth's daughter Marsha commented that her mother "reads anything she can get her hands on." Family members note that Ruth is known to read three to five books weekly and boasts an impressive vocabulary because of her studies. Bernstein is also an avid Jeopardy fan and usually outshines everyone in the room. Ruth's daughter expressed her mother's commitment and appreciation for Rose Institute, stating, "She finds the speakers that Menorah Park arranges for the Rose Institute to be phenomenal, and especially appreciates the variety." Ruth Bernstein is renowned by family and friends for constantly defying the odds. Ruth, well into her nineties, walks at least one mile per day and is fiercely independent.

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***Shaker Heights Council Member Al Foster shares in the celebration of his long-time friend Netta Berman and her love of community and education.***

## Dedicated Women Exceed Classroom Expectations

*continued from page 5*

Netta Berman and Ruth Bernstein both take advantage of the opportunities provided to them through the Rose Institute. Despite their age, these two intellectual and alert women serve as exemplary students for the entire Menorah



Park campus and the Rose Institute. Their inspirational efforts in the classroom make them the perfect recipients of the Rose Institute awards.

**Ruth Bernstein is surrounded by daughters Liz Roman, Martha Bedell, Ann Bernstein (not in photo) and daughter and granddaughter Jane and Heather Nangle.**

## Heheheheh: Sandcastles and Laughing Sal: It's Thaaaaaat Time!

From July 6th through July 8th, perk your ears up for that old familiar face and that notable and somewhat scary laugh of Laughin' Sal! Campus activities will include all the usual fun of Euclid Beach events and activities. Come join us and bring your friends!



**The Peter B. Lewis Aquatic & Therapy Center**

*Celebrating 10 years of providing quality services to our community!*

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**PETER B. LEWIS Aquatic & Therapy Center**  
 A division of Menorah Park Center for Senior Living  
 27100 Cedar Road • Beachwood  
 One Campus • Many Solutions • One Person At-A-Time



## Scholar on Campus presents:

**John Rothmann, BA, MA**

Noted Author, Lecturer, Teacher, Archivist, and Political Consultant

will speak in all buildings about the Middle East Conflict and about Hitler's Mufti and the Rise of Radical Islam during Menorah Park's evening program.

**Menorah Park** Monday, July 12th, 10:30 a.m.

7:30 p.m. for the entire community

**The R.H. Myers Apartments** Sunday, July 11th, 7:00 p.m.

**Stone Gardens** Sunday, July 11th, 2:30 p.m.

**Wiggins Place** Monday, July 12th, 2:00 p.m.



**From Left: Peter B. Lewis Aquatic & Therapy staff Tammy Michaels, Dianne Rokakis, Kimberly Rohweder and Kelly McNeal get ready**

**to run for a good cause in the Race for the Place fundraiser. The Menorah Park rehab team's 18 participants raised nearly \$1000.**

## Congratulations to Menorah Park's Women's & Men's Association on 50 wonderful years!

Thank you for all that you do to provide our residents the special extra touches, like gifts on holidays. The volunteering of your time means so much to our Menorah Park community.

**Please note** in respect of the days of mourning culminating with Tisha B'av, the national day of mourning for ancient Jerusalem, Menorah Café is scheduled for the first Tuesday of the month, July 6th.

# They Say They Do - Again at R.H. Myers Vow Renewal Ceremony

*continued from page 1*



**Joe & Lila Newman**

during World War II and two years post-war. He was advised that it was time to come home and settle down - the best advice he ever received. When Natalie, a young legal secretary working for the government, came to the door, they realized they knew each other. His sister and her aunt were cousins.

They were both native Clevelanders, though they

had gone to different high schools. Six months after their first date, they were married. They rented an apartment at 123rd and Superior - a "walk-up" with a small portable washing machine that had to be used in the bathtub. Like other young couples in that era, no one expected a constant "bed of roses." They had two sons; Ralph and Larry. Natalie went back to work as a secretary at a bridal store while their sons were in school, and David spent 38 years as an electrician before retiring.

Today, they enjoy and participate fully with their many friends at the R.H. Myers Apartments. One has only to listen for a moment to hear their youthful enthusiasm and zest for life. To chat with them is a gift! Not to mention, Dave's new persona is as THE POOR MAN'S MYRON COHEN. Come see him do his "gig" at the R.H. Myers Apartments on July 7th, and share in the good wishes as their lives together are celebrated!

In 64 years of marriage, Joe and Lila Newman have had an amazing trip from the time Joe, a Second Mate in the Merchant Marine, met his cousin from New York at the train station! She was no longer the "insignificant" little girl that he remembered, but a charming young lady whom he wanted to date. At the end of her one-week visit to her aunt - his mother - they were already committed to each other.

Lila attended Pratt School's fashion program, while Joe decided that his Mariner days were over. He worked in his father's wrecking business then visited New York to surprise Lila with a diamond ring that she still wears every day. When they announced their engagement to their parents after Shabbos dinner, her mother shouted "Mazel Tov." The following April in 1946, they had an Orthodox wedding ceremony in her hometown of New York. Lila created her own lovely wedding veil.

After the war, the young couple lived with Joe's Mom until they found a small apartment, then a house in South Euclid. Four children came in rapid succession: Judy, Paul, Robert, and Eddie. As for Joe and Lila - she went back to school

and became a teacher, then got her Master's Degree in Education, while Joe was self-employed as a builder. When they retired, Lila became a docent at the Fashion Museum of Kent State University, and Joe became hugely active in the Merchant Marine Association, and an advocate for the national causes in which he believes. Both are excellent role models, exemplifying the philosophy of "giving back." Lila volunteers her dressmaking skills for the Menorah Park Gift Shop, and Joe is active in the "sight impaired" group and the recycling program at the R.H. Myers Apartments. Both are loving people and caring citizens - we need more like them!

When Marie and Aaron Anton met at Oklahoma State University, she was a college freshman at age 16, and he was a dapper Ensign in the U.S. Naval Intelligence Department - studying Japanese. Why do they want to renew their vows? Because of their longevity, their mutual respect, their fascinating memories, and their love of family!

During their dating time, they played tennis, went to memorable Navy dances, took picnic lunches to the local pond just to talk and learn to know one another. Their wedding took place on June 11th, 1947. A Reform Rabbi converted Marie to Judaism and officiated at their small wedding in his study. They went to live in Aaron's home town of Hartford, where their son, Glenn, was born, and later along came Caren. Aaron continued his schooling and was awarded his doctorate in Pharmacology at Yale University. This young family then spent 13 years in Gainesville, Florida where he taught Pharmacology in the Departments of Psychiatry and Anesthesiology.

Aaron later became a Professor at Case Western, where he taught and did research for 23 years. Marie continued her education, obtaining her Master's degree in Social Work. Because she wanted to give back to the community, which had provided her with many educational benefits, she volunteered with therapy groups of people who had been victims of child abuse.

Marie believes that she gained more than she gave.

They are both pleased to be at R. H. Myers Apartments in their senior years, with its opportunities for learning and for companionship. Please share with them the wonderful experience of renewing their vows on August 1st. Approximately ten couples will participate.



**Aaron & Marie Anton**

Menorah Park Center for Senior Living  
 Bet Moshav Zekeim Hadati  
 27100 Cedar Road  
 Beachwood, Ohio 44122

Non-profit Organization  
 U.S. Postage  
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## July - Menorah Park Skilled Nursing Home Activities/Outings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
* Reservations Required • All Outings at 10:30 a.m. Except When Noted • All Services in Synagogue • All High Teas in Front Lobby • RCAC = Rosenbluth Creative Arts Center • MBR = Miller Board Room • All programs in the auditorium unless specified <i>Please note, activities are subject to change</i>				<b>1</b> <b>Spelling Bee</b> 2:45 p.m.	<b>2</b> <b>Essence Club</b> RCAC • 10:30 a.m. <b>Oneg Shabbat</b> 2:45 p.m.	<b>3</b>
				<b>Indians Outing</b> <b>Men's Club</b>		
<b>4</b> <b>Patriotic Bingo</b> 2:30 p.m.	<b>5</b> <b>Tribute to America</b> 2:30 p.m. <b>Distance Learning</b> MBR • 2:30 p.m.	<b>6</b> <b>Euclid Beach Exhibits</b> 2:00 p.m. <b>Menorah Café*</b> 5:00 p.m.	<b>7</b> <b>Euclid Beach Lecture &amp; Slides</b> 10:30 a.m. <b>Euclid Beach Rocket Ship Rides</b> 2:00 p.m.	<b>8</b> <b>Euclid Beach Carnival Midway</b> All Welcome 10:00 a.m. - 4:00 p.m.	<b>9</b> <b>Oneg Shabbat</b> 2:45 p.m.	<b>10</b>
<b>Independence Day</b>		<b>Euclid Beach Days</b>			<b>Picnic Lunch-Chagrin Falls Heights</b>	
<b>11</b> <b>Pancake Breakfast</b> 10:00 a.m. <b>Good Times with Noah Budin</b> 2:30 p.m.	<b>12</b> <b>Prayer Gathering</b> RCAC • 10:30 a.m. <b>Scholar</b> • 10:30 a.m. <b>Distance Learning</b> MBR • 2:30 p.m. <b>Scholar</b> • 7:30 p.m.	<b>13</b>	<b>14</b> <b>High Tea with Mike Petrone</b> 2:45 p.m.	<b>15</b> <b>Rose Institute Class</b> 1:30 p.m. <b>Residents' Council</b> RCAC • 2:45 p.m.	<b>16</b> <b>Oneg Shabbat</b> 2:45 p.m.	<b>17</b>
		<b>Bear Lake</b> Fairmount 2	<b>Bob Evans</b> Euclid	<b>Movie and Lunch</b> Weinberg 1 & Friedman		
<b>18</b> <b>Storytelling with Sarah Taub</b> 2:30 p.m.	<b>19</b> <b>Lamentations</b> Synagogue • 4:45 p.m.	<b>20</b> <b>Morning Services with Kinnot</b> • 8:00 a.m. <b>Afternoon Services</b> 4:15 p.m.	<b>21</b> <b>Show Choir</b> 2:45 p.m.	<b>22</b> <b>Resident Choir</b> RCAC • 10:30 a.m. <b>Rose Institute</b> • 1:30 p.m. <b>High Tea w/Cliff Habian</b> 3:00 p.m. <b>Family Picnic</b> Beachwood Pavilion • 5:00 p.m.	<b>23</b> <b>Oneg Shabbat</b> 2:45 p.m.	<b>24</b>
		<b>Erev Tisha B'Av</b>	<b>Tisha B'Av</b>	<b>Beartown Lake</b> Weinberg 1 & Friedman	<b>Bravo</b> Weinberg 2	<b>Ice Cream Outing</b> Euclid
<b>25</b> <b>Bagel Brunch</b> 10:00 a.m. <b>Cantorial Singer Joanne Couch</b> 2:45 p.m.	<b>26</b> <b>Distance Learning</b> MBR • 2:30 p.m.	<b>27</b> <b>Russian Club with Fira</b> 10:30 a.m. <b>Music Program with Golden Notes</b> 2:45 p.m.	<b>28</b> <b>High Tea with Mary Beth Ions</b> 3:00 p.m.	<b>29</b> <b>Rose Institute Class</b> 1:30 p.m.	<b>30</b> <b>Story Time with Fundamentals</b> 10:30 a.m. <b>Oneg Shabbat</b> 2:45 p.m.	<b>31</b>
		<b>Chagrin Falls Picnic</b> Fairmount 2	<b>Outing</b> Russian Club	<b>Smokey Bones</b> Weinberg 1 & Friedman	<b>Ho Wah</b> Euclid	<b>Dino's Heights</b>

To offer your feedback on this newsletter, please e-mail [sgavanditti@menorahpark.org](mailto:sgavanditti@menorahpark.org) or call 216-839-6687.