

MENORAH PARK CAMPUS NEWS

Menorah Park Center for Senior Living Community Newsletter

May 2011

Menorah Park Executive Director Testifies to Ohio House Finance Subcommittee; Proposed Cuts Could Compromise Quality Senior Services

Please Let Your Voices Be Heard

The Ohio House Finance Sub-Committee on Health and Human Services heard testimony in mid-April describing how the quality of care for the elderly and disabled could suffer if proposed Medicaid reform and budget cuts are enacted. Menorah Park's Executive Director Steven Raichilson, Chief Financial Officer of St. Augustine Manor Frank Huba and representatives from LeadingAge Ohio including chair-elect Craig Nelson, told the subcommittee that skilled nursing providers likely would

continued on page 7

Celebrate Older American's Month Honoring Community Involvement Thanks to volunteers and support from you



Menorah Park Mandel Adult Day Center (ADC) client Rebecca Lanier turned 119! The ADC threw her a party as media witnessed this grand celebration.

Rebecca blew out the candles on her beautiful birthday cake. Then, with a little cajoling, shared a bit of her history in celebration of this amazing milestone. Rebecca was born in WestPoint,

Mississippi in 1892. She has seven grandchildren, 15 great-grandchildren, 18 great-great-grandchildren and four great-great-great grandchildren, all ranging in ages from 71 years to four months. Rebecca has lived an amazing life and has seen the end and beginning of three centuries. That in an of itself is unbelievable!



Happy Mother's Day

see story on page 2

INSIDE

From the Administrator	2
Honoring and Remembering	3
Breezy Does It	4
Therapy for a Better Life	5
Oh the Stories You Could Tell	6
It's Tee Time	7
May Calendar	8



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From The Administrator's Desk

Technology Flourishes at Wiggins



**Nancy Sutula,
Administrator,
Wiggins Place**

If you thought the tenants at Wiggins Place didn't use technology, well think again! Our tenants utilize technology through our two newest endeavors: the Wiggins Place blog and our Presto machine.

Have you always wondered what happens in the beautiful lodge-looking building at the top of the hill commonly referred to as Wiggins Place? Well, the Wiggins Blog is the place to go to find out. Our blog is a great place for families and friends

to log onto. Pictures of activities and events at Wiggins are added for all to enjoy. If you would like to view our blog or become a follower, go to www.wigginsplace.blogspot.com. Currently, the Wiggins staff is taking pictures for our blog. We started thinking, "Why don't we have our tenants take

the pictures to showcase their talents?" So, Tracy Derschau and Jenna Haffey from our Life Enrichment Department are in the planning stages of starting a photography club with tenants. Some of our tenants have that photographer's eye and want to tap into their artistic creativity. Our goal is to post tenants' pictures on the blog.

Another Wiggins technological gem is our new Presto machine. Through a very generous donation from Ruth and Doug Mayers, our tenants can now receive pictures and email from family members across the country, or across the world, without ever having to touch a computer keyboard. The Presto machine is a printing mailbox that is connected to a special server. Tenants sign up for Presto (which is of no charge to them) and provide us with up to five email addresses of family members from anywhere around the world. Those email addresses are then entered into the system. Finally...Presto! They can start receiving emails and pictures from their loved ones without the hassle of learning to use a computer. What a wonderful way for families to stay in touch with each other.

It's a Different World for Today's Mothers

By Volunteer Helene Weinberger

Today it is truly a different world than it was generations ago for young mothers. For Mothers' Day, we wanted to find out moms' thoughts about how life has changed for young moms, grandmas and for great-grandmas.

Jackie Elsner, Menorah Park volunteer and grandma, commented that when her children were babies, there were no disposable diapers. You washed your own! And you boiled the formula – not so today! What she considers far more important, however, is the relaxed attitude in today's parenting. The babies are not kept "in" when they are first born. They go with their moms to the grocery store and accompany them to the restaurant. Moms today go with the flow! They don't love their children less, but they are not slaves to scheduling – as Jackie's generation was.

On the other hand, Suzanne Funk of the Menorah Park Adult Day Center replied that she was raised by a grandma who was home all the time; today most women don't have that luxury. She is particularly grateful to Fundamentals Child Care Center at Menorah Park that has given her peace in knowing that her children, when young, were close at hand. As for conveniences today, the cell phone is a life-saver; if something goes wrong with the children at school, she is immediately notified and can make appropriate choices for the situation. The internet is a

marvelous resource guide for any unusual symptoms or circumstances.

When asked about the advantages of being a mom today, Molly Fein, resident of Stone Gardens, didn't hesitate, stating emphatically that when she was a young mother, husbands didn't do any of the cooking! Since she didn't drive, and they grocery shopped only once a week, which was very common in that era, it made things challenging. Today, young mothers can go back to work, leaving their little ones at nursery school. Molly herself didn't go back to work until the children were much older; however, she did later pursue her career as a social worker. Unfortunately her children, grandchildren, and great-grandchildren live so far away that they can't visit as frequently as in the old days.

With a different twist, Ida Gordon of The R. H. Myers Apartments mentioned that fathers today are much more involved with raising the children; "fathering" has wonderful advantages. Ida said some young mothers become so involved with their careers that their children lose their priority status, which she believes is a real shame. Children are only with their parents for such a brief time. Their youth can never be retrieved. Ida is now so busy finding new interests and skills at R. H. Myers that time truly flies!

Happy Mothers' Day to one and all!

May is a Month for Honoring and Remembering



Rabbi Ephraim Karp,
Director of Spiritual Living

Following Passover, the month of May has a number of significant days that have a profound affect on our people. To begin with, the days of Sefirat HaOmer, between Passover and Shavuot, recall the death of the students of the great Rabbi Akiva, who taught us that loving one another is the most important principle in the entire Torah. In the midst of these days we have

Yom HaShoah, Holocaust Memorial Day. This is the day we recall not only the tragedies that befell us, but the six million and more whose souls rest only with G-d. May their memories stir within us and may we never forget.

As the month continues, Yom HaZikaron, Israeli Memorial Day, and Yom Ha'atzma'ut, Israeli Independence Day are next. With the solemn awareness and memorial for those who have given their lives to secure and protect our homeland, we enter a true day of celebration for the independence of the modern state of Israel.

With this celebration in mind, we approach the day of Lag B'Omer, the day of the passing of our holy Sage, Rabbi Shimon Bar Yochai, and the day on which the plague affecting Rabbi Akiva's students mentioned above ceased. Its joy is one that is reflected in celebrations throughout Israel and elsewhere, with haircutting and weddings, singing and rejoicing!

In the midst of life, we have experiences of sadness and extreme loss, and we have moments of joy and boundless celebrations. May we comfort each other in those times of need, so that we may truly celebrate real joys together, including the ultimate liberation of Israel and our people, and peace for the entire world!

Menorah Park Spiritual Living Presents Judaic Scholar Growing Old Without Getting Older The Secrets of Aging from Jewish Tradition

Judaic Scholar Rabbi Zev Schostak will inspire you about making the most of each day and living life fully in the moment. Rabbi Schostak is Director of Pastoral Care and Ethics Panel Chair, Gurwin Jewish Nursing and Rehabilitation Center; Past Senior Fellow at the Center for Medical Humanities, Compassionate Care; and Bioethics at SUNY, Stony Brook, New York.

Thursday, May 26:

3:30 p.m. The R.H. Myers Apartments
7:40 p.m. Wiggins Place

Friday, May 27:

10:30 a.m. Stone Gardens
2:45 a.m. Menorah Park Community Oneg Shabbat

Sunday, May 29

11:30 a.m. Community Address in Menorah Park Miller Board Room

Please R.S.V.P to Rabbi Ephraim Karp for the Community Oneg and the Community Address at 216.839.6628.

These programs are sponsored by Menorah Park Center for Senior Living and Diana and Milton Davis Orthodox Religious Programming Fund, Lillian H. and Henry S. Dennis Religious Activities Fund, Mary and Philip Edlis Religious Activities Fund, Edith and Joseph Margolis Torah Study Fund and the Faye and Norman Waxman Orthodox Religious Programming Fund, and Young Israel of Beachwood.

Thanks for a GREAT First Year

The Menorah Park Adaptive Living Shoppe would like to thank all of our customers for making our first year a great success!



We invite you to come in to the store and use this coupon for 10% off of your next purchase.

Expires 5/31/2011 Not valid on rentals of CareLink Devices

Look for expanded hours--coming soon

Adaptive Living 
Shoppe

216-450-5566

www.adaptivelivingshoppe.com

Breezy Does It



Betty Unger says hello to Breezy

They say that dog is man's best friend. But one look into the soulful brown eyes of Breezy, a beautiful golden retriever therapy dog, and one immediately knows she's everyone's best friend. During her rounds on Thursdays on the Menorah Park Campus, she intuitively understands her role as one who comforts those in need of her reassuring warmth and patience, be it residents, clients, family members or staff.

She was the pick of the litter, says owner Julie Brown Rubenstein, and she has proven to be a superstar to those whose lives she touches. Breezy was named after her owner's love of a place called Breezy Point in Minnesota, where she spends time with her friends annually. She soon proved to her owner that she could be easily trained because she was calm, loving, and delightful to be around. Julie says she represents pure goodness; and like her shiny coat, her heart is solid gold.

Cherie Goggin, part owner of Breezy, and a breeder, met Julie through the Cuyahoga Valley Golden Retriever Club. Julie was a strong advocate of pet therapy and was a member of the Cuyahoga GVRC Club for many years.

During a recent visit to a Menorah Park pavilion, Breezy shifted from playing in the hall to instinctively walk over to a resident who seemed perplexed by different surroundings due to a recent move. Brushing her tail across his arm, she provided a gentle calm and comfort. His entire demeanor changed as he felt assured he was going to be ok.

On another occasion, Breezy helped a woman who was in her final moments to open her eyes and respond to Breezy's gentle touch. The family was amazed, grateful, and touched deeply by the moment of tenderness. "It was a moment when time stood still; a gift, a forever memory for the family members; it was sincere. It was a thank you," said Julie.

"She will lead, intuitively, knowing what caring people need and delivering on a higher plane," says Julie, emotion welling.

"They can move mountains in a quiet subtle way – the miracle is small, but it's a miracle."

Breezy loves children as well. Julie takes her to special needs program at nearby middle schools and high schools so they

can read to her. It's therapeutic for everyone. She was the first therapy dog enlisted in the Friendship Circle, and Yachad on a national level.

People say Breezy has an old soul, perhaps one from another dog's life. Shayna, Julie's first dog, opened doors for therapy dogs in the Cleveland area, long before Breezy was born; in September 1990 beginning therapy work with Pet Pals late in 1992. Julie says Shayna lives on through Breezy. It's uncanny. Shayna was also a golden retriever and was one of the first three therapy dogs at University Hospitals. She lived to be 12 years old, and was quite the super star. She was featured publications including the magazines Women's World and Northern Ohio Live, each time with her own pet bunny in a full spread. "She has a resume that could blow us all away," says Julie. Breezy, in keeping up with Shayna, has eight cats. She and her cats snuggle, sleep together, play, and even pose for American Greetings cards! February 2010, she was featured with a kitten on her head in one of the cards, an epitome of gentleness. She has two fathers' day cards pending.

Julie says Breezy is a work in progress, but relays that others refer to her as masterpiece. "The words took my breath away," said Julie. "I love doing this, and I do it with absolute humble joy."

While Breezy doesn't get paid for her work, nor do many pet therapy dogs or their owners, the work continues as they help those who need them most. Julie wishes there were more grants and programs to help improve and grow the therapy dog program.

SAVE THE DATES FOR COMMUNITY PROGRAMS:

WHAT: Three part series: Jewish History Film Festival "Faith and Fate: The history of the Jewish People in the Twentieth Century."

WHO: Commentary by Rabbi Howard Kutner and in-depth group discussion.

WHEN: 7:40 P.M. on May 3rd, 10th and 24th.

WHERE: Wiggins Place Activity Center

For more information, call 216-831-2881

Introducing the **Menorah Park Aging Resources Center**

WHAT: Inaugural Dinner Seminar: Economic Challenges of Living Longer: Planning for Your Future (the future of Social Security and Medicare will be discussed)

WHO: Dr. Robert Binstock: International expert on policies that affect older persons and author of 300 publications on the subject

WHERE: Menorah Park Saltzman Auditorium

WHEN: Thursday, June 16th at 6:30 p.m.

Free and Open to the Community; Kosher dietary laws observed; for more information call 216-839-6678

Therapy For a Better Life

The Peter B. Lewis Aquatic & Therapy Center offers many amazing services, all in one location. As a non-profit, independent organization, we pride ourselves in providing one-on-one care during all therapy appointments with licensed physical, occupational, and speech therapy personnel. We do not use athletic trainers, exercise specialists, or therapy aides to deliver therapy services. We support clinical expertise among our staff, who help clients through the following programs:

- Experience and expertise in land and water-based physical therapy
- Certified Vestibular therapist for vertigo and balance impairments
- Certified Hand Therapist and Occupational Therapists
- Speech-Language Pathologist certified in the use of Vital-Stimulation
- Expertise in the treatment of adult incontinence
- Driving evaluations that include on-the-road assessments

Defining Therapies

Physical Therapy: Physical therapy focuses on regaining strength, balance, and functional mobility lost due to injury. We also offer physical therapy interventions for treatment of adult incontinence.

Occupational Therapy: Occupational therapy provides therapeutic intervention to address deficits related to self-care, daily activities and job performance.

Speech Therapy: Speech therapy focuses on treatment of various communication disorders including speech, language comprehension, voice, reading, writing, and cognitive skills. We also conduct swallowing evaluation and treatment interventions, including the use of Vital-Stim to facilitate improved swallowing function.

All therapy appointments are 45-60 minutes in duration. We work with one client at a time. Clients deserve this individual attention. We also offer free transportation to our clients in our broad service area for therapy. 216-595-7345

You're Invited Family Matters

A Support Group for residents' family members who have made Menorah Park home

How to Maximize Visits with Loved Ones

Thursday, May 26, 2011
2:00 p.m. – 3:00 p.m.

Menorah Park Large Persky Conference Room

RSVP by May 16
Donna Trebets, LSW 216-839-6645
Tamera Ellis, MSSA, LSW 216-839-6658

Adaptive Living Shoppe Celebrates Anniversary!

This month marks the one-year anniversary of the Menorah Park Adaptive Living Shoppe (MPal). Over the past year, products from the Shoppe have helped many clients and residents from all buildings and programs on the Menorah Park Campus. We have helped people from Adult Day Care, Stone Gardens, Wiggins Place, The R.H. Myers Apartments, each of our Home Health offices from Portage to Akron to Canton and yes, as far south as Barberton, and our post-hospital rehabilitation patients upon discharge.

Additionally we have served people from the Greater Cleveland area in their search for solutions for an easier life.

We are always seeking new products to add to our inventory to serve our community even better. If you are seeking a particular item, let us know! We may be able to find it just for you. Also, for your convenience, we are looking to increase our Shoppe hours. We want to be here for you, when you need us. And, for your convenience, you can shop online. Peruse our catalog at adaptivelivingshoppe.com and peek at our blog and all of our exciting happenings now, and in future: AdaptiveLivingShoppe.blogspot.com.

If you haven't had a chance to visit our Shoppe, take a moment and stop in. There are many items to choose from, and you just may find something to make life easier for you and your loved ones.

Thank you again for making us a success!

**Menorah Park's
Marcus Rehabilitation Center.**
We'll get you back to your game.

Inpatient Post-hospital Care → Home Health → Outpatient Rehabilitation → Wellness

With a National 5-Star rating and a perfect state inspection -
We're known for focusing on more than just getting you back home after an illness or surgery - we want to get you back to golf, tennis or whatever you love to do. That's the goal of our compassionate care specialists who use the latest techniques and a team approach, which even includes a seamless transition to home health services and outpatient therapy.

The Center Offers:

- A personalized plan of care
- Two full-time in-house physicians
- Aquatic, physical, occupational and speech therapies
- A transitional living suite where you can practice skills safely in a home setting not unlike your own so that you can identify challenges and address them before returning home
- Reservations accepted for post-op stays after hip, knee, back or other surgeries

**Call Lisa Cohen Kiraly at (216) 839-6633
and find out how easy it is
to rehab at Menorah Park**

Admission 24 hours a day, 7 days a week.



Oh - the Stories You Could Tell

By Volunteer Helene Weinberger

We seniors may be chronologically challenged - but that doesn't change who we are as individuals! And our children and grandchildren really want to hear our stories. Each of us has many to relate! Dan Rather called us the Greatest Generation. We have lived through incredible changes in our society, in our modes of transportation, in our clothing choices, in our mobility, in our education; the list is endless!

Because at this period in my life I have both the time to listen and absorb, as well as to satisfy my curiosity and verbalize my empathy - I have been listening to others' stories as well as writing my own. I know that the younger generation in my family asks and cares about our history, which is of course a mirror of the history of America - in miniature.

A few days ago a contemporary of mine exclaimed, "I am the luckiest man in the world!" I looked at him in awe! He uses a walker, has had strokes, heart surgery, and is now in remission of cancer! Like me, he is a veteran of World War II, so he feels comfortable in sharing some of his background and his family life with me.. His buoyant nature shines from his eyes, as he eats a "healthy breakfast" and simply sits and chats about his wonderful wife, who passed away recently, about the grandchildren who stayed with them while both parents worked and how that closeness evolved, about the fun he had in his years of employment and more. His joy in living is obviously undiminished!. What a model he is to emulate!

He could share memories about his wedding and how difficult that may have been during wartime, about basic training and what that entailed, about his memories of how his parents lived, about how he started in business and how he rode the streetcar to work - all of this is a forgotten world unless we share it now, while we can. We can't all be



Helen Croce at 95 years old, enjoys sharing stories with the children of FUNDamentals Day Care twice each month at Stone Gardens.

"Auntie Mame" or the father that knows best, but we are the link that can connect our amazing offspring to our equally amazing past!

We all want to live as fully as possible in the present and to explore each day with all of its nuances, but sometimes as we recall some of our early love songs or great theatrical experiences, or the "hard times" that we didn't have the sense to know were "hard" - we become, for those moments, our young, untarnished selves! As our children see us shedding the cloak of our years and become someone other than Grandma or Grandpa as we live in memory, they too will become part of the ongoing tale of life! The Book of Ecclesiastes had it right when it spoke of "a time for everything"!

This is the time! Let us treasure, and share it!

Easy Rider



May is American Bike Month! You don't have to wait until the sun is shining to enjoy stretching your legs and smile, as demonstrated by an energized Stone Gardens resident, Larry Reiss, who enjoys indoor travels through the spacious halls of his residence on a three-wheeler. Exercise and fun, even in cool or rainy weather, is always available at Stone Gardens!

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Proposed Cuts

continued from page 1

have to cut staff and other direct health care services, which could jeopardize the quality of services provided to people who need it most.

A disproportionate burden of the cuts would fall on not-for-profit skilled nursing facilities. Nelson explained how funding for not-for-profit providers will be decreased on average by \$550,000 over the next two years. Menorah Park stands to lose \$4.4 million dollars during the two-year budget if Governor Kasich's proposed budget is enacted.

Menorah Park believes that quality outcomes should drive reimbursement for care provided to Ohio's seniors. However, in order to achieve quality outcomes, there must be adequate reimbursement.

Steve Raichilson told the committee about the impact the cuts would have on a 93-year-old resident with multiple health issues that has left her unable to care for herself. Raichilson shared how the proposed budget cuts would force Menorah Park to lay off staff and reduce services.

"These cuts go so deep that we risk vast deterioration in the quality of care for Medicaid nursing home residents statewide, reminiscent of the 1970's when Ohio had one of the lowest qualities of nursing home care in the nation and we simply cannot allow that to happen. Our elders deserve quality, dignity and respect with the right care at the right time in settings appropriate to their needs," Raichilson emphasized.

During their testimony, the members of LeadingAge Ohio asked legislators to consider the following budget neutral alternatives:

Implement a stop loss/stop gain provision similar to previous budget solutions, which would prevent transfer of reimbursement dollars from one facility to another.

Calculate if there is a way to decrease utilization by 5 percent (5 percent is what was reported by Scripps Gerontology Center as the percentage of the skilled nursing facility population that would be better served in a lower care setting).

Allow for specific regulatory relief that would provide the greatest financial impact. A list of ideas has been provided to the Office of Health Transformation.

Menorah Park staff, board of trustees and volunteers will continue our mission to advocate quality for the older adults in our community and ask for your help in getting our message heard.

We ask our readers to contact legislators and ask them to re-evaluate the reimbursement formula for Medicaid, remove the flaws that have existed since its creation during the Taft administration, and increase the emphasis on quality in a new and improved formula to benefit our frail elderly.

Email addresses are as follows:

Speaker of the House Bill Batchelder district69@ohr.state.oh.us;
House Minority Leader Armond Budish district08@ohr.state.oh.us;

House Finance Chair Ron Amstutz district03.ohr.state.oh.us; House Assistant Maj. Floor Leader Barbara Sears district46@ohr.state.oh.us; House Finance HHS Subcommittee Chair David Burke district83@ohr.state.oh.us; House Finance HHS Subcommittee Ranking Minority Jay Goyal district73@ohr.state.oh.us; Senate President Tom Niehaus SD14@senate.state.oh.us; Senate President Protempore Keith Faber SD12@senate.state.oh.us; Senator Nina Turner SD25@maild.sen.state.oh.us; Senate Majority Whip Shannon Jones SD07@senate.state.oh.us; Senate Chair HHS Scott Oelslager SD29@senate.state.oh.us; Senate V-Chair HHS Jimmy Stewart SD20@senate.state.oh.us

For additional information, contact Beth Silver, Menorah Park's advocate on behalf of our seniors, at 216-839-6678 or bsilver@menorahpark.org.

(HHS= Health & Human Services)

Caring Goes International

R.H. Myer's Cookie Mamas collected \$200 dollars in funds for Doctors without Borders. That's 600 cookies baked at 3 for a \$1.00! Myers tenants collected more than \$1200.00 for Japan earthquake / tsunami relief as well. Great job!

It's Tee Time!

1. The first golf tournament was at Prestwick, Scotland, in 1860 and is now called the British Open.
2. The first 18-hole course in the USA, the Chicago Golf Club, was founded near Wheaton, IL, in 1893.
3. According to the National Golf Foundation, there were 28.6 million golfers above the age of six in the USA.
4. The first golf balls were made of thin leather stuffed with feathers and used until 1848. Regulation balls today have 336 dimples.
5. Golf balls travel significantly farther on hot days.
6. The longest drive ever recorded was 515 yards. The longest putt was a monstrous 375 ft.
7. The chances of making two holes-in-one in a round of golf are one in 67 million.

You can improve your game by calling the Lewis Aquatic Center at 216-595-7345 for a movement analysis.

Menorah Park Center for Senior Living
 Bet Moshav Zekenim Hadati
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One Campus, Many Solutions, One Person at a Time

8

Menorah Park Campus News

May - Menorah Park Skilled Nursing Home Activities / Outings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 Bingo Bash MBR • 2:45 p.m.	2 Distance Learning: Bison: Back from the Brink • 2:30 p.m. Yom HaShoah Memorial Program 2:45 p.m.	3 Russian Club with Fira 10:30 a.m. High Tea with Mike Leamon 3:00 p.m.	4 Volleyball Tournament 2:45 p.m.	5 Judaism 101 - Living in Modern State of Israel Synagogue • 10:30 a.m. High Tea with Cliff Habian • 3:00 p.m.	6 Oneg Shabbat 2:45 p.m.	7	
	Mary Yoders Fairmount 2	Longhorn Steakhouse Beachwood	T.G.I. Friday's Weinberg 1 & Friedman	Cleveland Museum of Art Weinberg 2	Mary Yoders Heights		
8 Pancake Breakfast 10:00 a.m. Mother's Day Program 2:45 p.m.	9 Gross Schechter 10:00 a.m. Distance Learning: Clash of Armor 2:30 p.m.	10 Yom Ha'atzmaut Celebration • 10:30 a.m. Board - Resident BBQ 5:15 p.m.	11 Family Feud 2:45 p.m.	12 Resident Choir RCAC • 10:30 a.m. Judaism 101 - Prayer - the Search for Meaning Synagogue • 10:30 a.m. Movie Time 2:00 p.m.	13 Oneg Shabbat 2:45 p.m.	14	
	Claddagh Euclid	Ho Wah Beachwood	Lunch & Movie Weinberg 1 & Friedman	Botanical Garden Fairmount 2	T.G.I. Friday's Fairmount 1		
15 Bingo with Park Synagogue Volunteers 2:45 p.m.	16 Gross Schechter 10:00 a.m. Distance Learning: Percussion Summit 2:30 p.m.	17 Russian Group Fairmount 1 • 10:30 a.m. Drumming Fairmount 2 • 10:30 a.m. Wine Tasting Pearl's Place • 2:45 p.m.	18 Art and Crafts Project with Sheena 2:45 p.m.	19 Judaism 101 - Dimension of the Soul Synagogue • 10:30 a.m. Residents' Council 2:45 p.m.	20 Men's Club RCAC • 10:30 a.m. Oneg Shabbat 2:45 p.m.	21	
		T.G.I. Friday's Beachwood	Olive Garden Weinberg 1 & Friedman	Ho Wah Weinberg 2	Picnic in the Park Fairmount 1		
22 "Stories with Strings Attached" 2:45 p.m.	23 Gross Schechter 10:00 a.m. Distance Learning: Renaissance Painting 2:30 p.m.	24 Russian Club 10:30 a.m. High Tea with Mary Beth Ions 3:00 p.m.	25 Movie Time 10:00 a.m. Cabaret Lounge with Mike Petrone 2:45 p.m.	26 Resident Choir RCAC • 10:30 a.m. Judaism 101 Synagogue • 10:30 a.m. Csardash Dance Company 7:00 p.m.	27 Story Time with Fundamentals Library • 10:30 a.m. Scholar Oneg Shabbat • 2:45 p.m.	28	
	IHOP Fairmount 2	Bob Evans Beachwood	Cleveland Museum of Art Weinberg 1 & Friedman	Cleveland Metroparks Zoo Euclid	Picnic in the Park Heights		
29 Bagel Brunch 10:00 a.m. Judaic Scholar in Residence 11:00 a.m.	30 Twice as Nice 2:30 p.m.	31 Russian Club - Movie 10:30 a.m. High Tea with David Umama 3:00 p.m.	<p>* Reservations Required</p> <ul style="list-style-type: none"> • All Outings at 10:30 a.m. Except When Noted • All Services in Synagogue • All High Teas in Front Lobby • RCAC = Rosenbluth Creative Arts Center • MBR = Miller Board Room • All programs in the auditorium unless specified <p><i>Please note, activities are subject to change</i></p>			<p>Residents enjoy the opportunity to participate in more than 5000 planned activities and outings annually. This calendar highlights a small sampling of what we offer this month.</p>	
	Memorial Day						

To offer your feedback on this newsletter, please e-mail sgavanditti@menorahpark.org or call 216-839-6687.