

# MENORAH PARK CAMPUS NEWS

Menorah Park Center for Senior Living Community Newsletter

August 2010

## Garden Party

*Special by Junior Volunteer  
Rachael Silver*

The opportunity to visit one of the many surrounding gardens should not be missed! Whether you're looking for somewhere to relax, catch up with family or provide the little ones opportunities to play, the gardens truly accommodate everyone with a myriad of beautiful flowers and art. At the **Emma and Meyer Bruder Garden** and the adjacent **Edna and Nat M.**

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## Menorah Park is Excellent!

*Special by Menorah Park Intern Caitlyn Kahan*



If you have not already heard, Menorah Park received a perfect state patient care survey from the Ohio Department

of Health! Menorah Park achieved this rare and well-earned accomplishment and is also a Charter Member in Advancing Excellence in America's Nursing Homes.

The Advancing Excellence in America's Nursing Homes Campaign started in the fall of 2006. The leaders of this campaign wanted a national effort to help nursing homes "improve clinical outcomes, enhance quality of life for residents, and lead to a stronger, happier and more stable work force," according to their website. There are different goals that need to be met for each of the two phases of the campaign and once accomplished, you are eligible to become a Charter Member in

Advancing Excellence. Menorah Park is one of 4,724 nursing homes nationwide who is an official charter member.

On Monday, June 14th, five state surveyors arrived to Menorah Park completely unannounced and looked at all care services for three days. Surveyors inspected resident weight loss, medications, pressure areas, injuries, falls, depression, and hygiene, and assessed them using more than twenty care and service performance measures. The surveyors also observed meal service, dining protocol, medication passes, housekeeping inspections, laundry services, resident activities, rehabilitation therapy, hands-on resident care and infection control. The hard working and dedicated staff has made Menorah

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## From The Administrator's Desk

# Spiritual Living: Growing, Changing, Reflecting



**Rabbi Ephraim Karp,  
Director of Spiritual  
Living**

It's hard to believe that I have already been at Menorah Park for two years. Sometimes it feels like I have only just begun and at other times I feel like I have been here longer than I can remember!

So much has taken place in our Spiritual Living department. To begin with, the name of the department was changed to "Spiritual Living" to reflect our concern not just for religious services, but for everything that

encompasses our residents' spiritual well-being. Enabling our residents to engage in a meaningful and purposeful life is our number one priority! That may mean Orthodox prayer services and kosher food, cultural education and joining the Rabbi's cooking club, individual visits or just a quiet place to reflect.

We are also excited to welcome two new members of our Spiritual Living staff, Joseph Kirsch, our Judaic Program Coordinator, and Rabbi Zev Soclof, our Meals on Wheels Mashgiach. Joseph has been bringing new and exciting programming to our residents, including an intergenerational Purim carnival with students from Fuchs Mizrahi Day School, a Matzah Bakery before Passover with students from Yavneh Academy, and the seventh grade band from the Agnon school.

Rabbi Zev Soclof has brought a wealth of experience in both Kosher Supervision and Food Service to our Meals on Wheels program, and to other food programs that service off campus needs. He has also helped us streamline our kosher supervision and make improvements across the campus.

As we continually engage our residents and our community in activities that foster a more spiritual and holistic way of life, we look forward to building and enhancing our Orthodox Jewish campus and the caring traditions of our Jewish heritage.

## What Are The Choices?

Join us for Menorah Park's Activities Awareness Fair: A Walk through Wellness on Wednesday, August 11th from 6:00-7:00 p.m. in the Saltzman Auditorium.

Each Pavilion will have its own table for families to visit offering activity examples during a typical week, newsletters, calendars, and more.

Contact Activities Director Amy Vedova-Phillips for more information at (216) 831-5452 ext. 277.

## Merlot or Chardonnay?

Menorah Park residents and their guests can sample a variety of Kosher wines, fruit and cheese on the second Tuesday of each month (except on holidays) at 2:30 p.m. at Pearl's Place.



## The Green Grocer



Every Wednesday from 12:00 - 4:00 p.m., Tony Sparks has been coming to The R.H. Myers Apartments to sell fresh produce to our campus community. Although he has not been doing this for long, it has become very popular; offering common produce items at very reasonable prices. Tony has started his own business, "Yoh Farmers Best," in

which he travels around to different venues, offering fresh fruit and vegetables that he buys from the same suppliers that grocery stores buy their local produce from. This little business all started because Tony felt that it would be a good service to provide inexpensive produce to people who may not always be able to personally go out and get it fresh. We thank Tony for coming to The R.H. Myers Apartments and helping our campus enjoy goodness from the garden.

# 2010 Rosh Hashanah



We are quickly approaching Rosh Hashanah 5771 and the holiday season! We look forward to a new year and a new beginning. We will continue the traditional Orthodox services for Rosh Hashanah and Yom Kippur with separate seating for men and women. These services have many of the melodies that we know and love, along with additional English prayers. This year we will also offer a Family Prayer Educational Program for those who would

like to understand the High Holiday service. This program will include a number of prayers in a “Learners’ Service” format and will allow residents and family members to sit together. Please respect our tradition of separate seating during our traditional service and plan on attending our Family Prayer Educational Program if sitting together is a priority. As always, there is no charge for our residents or family members to attend services, but we do ask family members to make an appropriate donation if possible.

May you be written and sealed for a good, sweet and healthy year!

## Rosh Hashanah Holiday Schedule 2010

### Wednesday, September 8th: Erev Rosh Hashanah

Evening Services	Synagogue	4:00 p.m.
Banquet Dinner	Auditorium	5:00 p.m.

### Thursday, September 9th: First Day of Rosh Hashanah

Services	Synagogue	8:30 a.m.
Shofar Service	Synagogue	10:30 a.m.
Afternoon/Evening Services	Synagogue	4:00 p.m.
Banquet Dinner	Auditorium	5:00 p.m.

### Friday, September 10th: Second Day of Rosh Hashanah

Services	Synagogue	8:30 a.m.
Shofar Service	Synagogue	10:30 a.m. (approx.)
Family Prayer Educational Program	Synagogue	3:15 p.m.
Afternoon/Evening Service	Synagogue	4:15 p.m.

### Saturday, September 11th: Shabbat Teshuva

Services	Synagogue	9:00 a.m.
Afternoon Services	Synagogue	4:15 p.m.

## Yom Kippur Holiday Schedule 2010

### Friday, September 17th: Erev Yom Kippur/Kol Nidre

Afternoon Service	Synagogue	2:00 – 2:30 p.m.
Abbreviated Kol Nidre Service	Synagogue	2:30 – 3:15 p.m.
Kol Nidre Service	Synagogue	6:30 – 8:30 p.m.

### Saturday, September 18th: Yom Kippur

Services	Synagogue	8:30 a.m.
Yizkor Service	Synagogue	11:30 a.m. (approx.)
Musaf Service	Synagogue	12:00 – 2:00 p.m.
Family Prayer Educational Program	Synagogue	2:30 – 3:10 p.m.
Mincha, Ne’ilah, Maariv Services	Synagogue	5:00 – 8:15 p.m.

# Freshness Matters!

Menorah Park’s dietary team provides the freshest ingredients for all of its culinary creations, and recently planted an herb garden.

Adding fresh herbs creates EXTRAORDINARY meals by giving extra flavor to foods, and is good when cutting back on salt, fat and sugar. They offer additional benefits such as antioxidants that help protect against cancer and heart disease. If you’ve ever wondered whether or not to pronounce the “h” in “herb,” the answer is: In Great Britain, the h is pronounced; in the United States, it’s pronounced “erb”, according to a healthy cooking blog.

Now, take some “thyme” to cook with fresh herbs!

**BASIL:** snip in with tomatoes, fresh pesto, pasta sauce, peas and zucchini. **CHIVES** is great with dips, potatoes and tomatoes.

**CILANTRO** is good for Mexican, Asian and

Caribbean cooking, and in salsas. **DILL** is great with carrots, cottage cheese, fish, green beans, potatoes and tomatoes. **MINT** tastes great with carrots, fruit salads, parsley, peas, tabouli and in tea. **OREGANO** flavors blend well with peppers and tomatoes.

**PARSLEY**’s flat-leaf or Italian parsley is more intense and often preferred for cooking. Naturals for parsley include potato salad and tabouli. **ROSEMARY** flavors chicken, fish, lamb, roasted potatoes, soups, stews and tomatoes. **SAGE** flavors well with poultry and in stuffing. **TARRAGON** is great with chicken, eggs and fish. Got **THYME**? Put it in eggs, lima beans, potatoes, poultry, squash and tomatoes.



## I do...again!

On August 1st at The R.H. Myers Apartments, the couples we wrote about last month, this month, and scheduled for next month will renew their vows after many years of happy marriage. Rabbi Howard Kutner will officiate the vow renewal. The couples have graciously shared the tales that brought them together and are glad to share with readers! Watch for the September Campus News for pictures of the ceremony as well. Mazel Tov to all of the couples!



## Sugermans Still Sweet on Each Other



After 69 years of marriage, it's easy to see how Alan and Evelyn Sugerman can finish each other's sentences, and how they stay so connected.

They met as members of the Jewish Council's Men's and Women's clubs. Both were born, raised, and educated in Cleveland. Alan proposed to Evelyn during wartime. He enlisted in the Air Force, and was called to war a year later. "I didn't even know what an airplane was before then," he teases. They wrote each other as often as they could during that time.

Now, 69 years, two daughters and four grandsons later, they still deeply love each other, and say they are thrilled with their life together at the R.H. Myers Apartments. "We love it here because Evelyn doesn't have to cook or do dishes," Alan said. Alan gets to watch his favorite Cleveland sports without the hassles of yard-work, and he gets to exercise as often as he wants.

Evelyn blushes while Alan goes on and on about how

## Garden Party

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**Marcus Intergenerational Fitness Course**, located outside, across from the Rosenbluth Creative Arts Center, beds of eye-catching purple and red flowers with bits of yellow in-between and a safe playground for children makes it the ideal family area. As you travel outside to The R.H. Myers Apartments from Menorah Park, the **Stanley and Enid Rothenfeld Garden** contains intriguing sculptures, created by Enid Rothenfeld, of blessed memory, surrounded by multicolored lilies. In the garden are benches that overlook the campus. To view the garden from afar, sit in the new R.H. Myers patio, recently built thanks to the generosity of **Leonard Senkfor**. The **Sylvia and Leonard Becker Intergenerational Garden**, located across from Pierre's Ice Cream Parlor in the Park is the perfect place to sit with friends. The many benches, beautiful flowers and abstract David Davis sculpture make the garden visually pleasing and an easy place with lots of space. The **Sophie Thorman Garden**, located at the Stone Gardens – Menorah Park link, offers true glimpses of nature as well. At Wiggins Place, relax at **Serenity Park**, a donation from **Bea Berger**, as you listen to the peaceful sound of flowing water from the fountain. Other gardens around the campus include: the **Harriet and Sol Roth Garden** at the Marcus Pavilion, the **Edith B. and Alvin O. Schreibman Garden** at the Friedman Pavilion, and the **Mickie Becker Friendship Garden** nestled along the link hallway connecting the Euclid and Fairmount Pavilions; Stone Gardens' **Piccus Garden and Rose Garden**, donated in memory of **Irving Stone**; and the **Sadie Fisher Park** with a Koi Pond at the side entrance of Stone Gardens donated by **Barry Feldman**; and the gardens surrounding the **Kearschner Gazebo** at Wiggins Place and the **Edna and Nat Marcus Garden** at the Peter B. Lewis Aquatic & Therapy Center.

We appreciate the many generous donors who helped create, maintain and preserve the beautiful gardens mentioned. The following funds also support maintenance of Menorah Park gardens: the **Nettie & Herbert Borstein Garden Fund**, the **Lillian & George Goodman Gardening Fund**, and the **Margaret & Carl Rosenberg Garden Fund**. Contributions to help maintain all of the wonderful gardens on the Menorah Park campus are always welcome and can be made by calling the Menorah Park Foundation or by visiting our website, [www.menorahpark.org](http://www.menorahpark.org).

very beautiful she still is, and how he loves and respects her, and she smiles with loving eyes that well up at his sincerity. "There have been so many momentous moments," Evelyn said, adding that their recipe for happiness includes compassion for each other's feelings, and compromise. "We give in a lot, and we have been extraordinarily lucky; life has been very good," she said. "A vow renewal at this stage of life is incredible, and beautiful, and something we will remember for the rest of our lives."



## On Brett's Mind



**Transitions** ~ I've been thinking a lot about transitions recently. The Menorah Park Foundation is undergoing significant changes. Recently, the Foundation offices moved to the second floor of the Dr. Marvin Schermer Professional and Community Services Building. We are happily settled in and would be thrilled to have you visit any time.

In addition to this change, we are embarking on a series of major staff transitions. Both Carol Wolf and I have chosen to pursue other opportunities at this time. Carol has been a dedicated member of the Menorah Park staff for more than eight years, helping to create significant giving programs at Wiggins Place, R.H. Myers, and Stone Gardens, in addition to many other projects and programs. She will be missed.

However, forward progress doesn't stop. I'm very excited to announce that the Menorah Park Foundation received a significant grant from the Cleveland Foundation to enable the hiring of additional staff. New department members will bring talents and skills which will dramatically augment our ability to reach out to the Menorah Park family and the general community. You will be hearing much more as staff are brought on board.

**Campaign Season** ~ We have just launched our 2010 annual campaign. Please read the next article and the brief piece about Florence (see page 6). We feel strongly that you will understand the need for a continued successful annual campaign and hope that you'll choose to make a generous contribution.

Once again, thank you for your continued support of Menorah Park and the Menorah Park Foundation. As we transition leadership, please note that the Foundation is open for business and we can be reached at (216) 595-7324.

**Brett Shankman**  
Executive Director

## 2010 Annual Campaign

### Every Day Counts...Every Person Counts

The 2010 annual campaign is upon us! Indeed, at Menorah Park every day does count. It's amazing when you think of all the services we provide and the people we help. Did you know that every day, more than 1,000 individuals receive services on the Menorah Park campus?

Caring for and enriching the lives of seniors is our mission and we've been proudly and successfully addressing it for more than 100 years. But helping people is expensive. As you may know, government reimbursements do not keep up with the increasing cost of providing the best care for residents and clients.

**It costs Menorah Park \$73 a day more to care for our indigent residents than we are reimbursed. This amounts to an annual nursing home-related deficit of more than \$5.7 million.** Menorah Park makes up the great majority of the difference through careful budgeting, cost controls, and programs that generate revenue.

The annual campaign is but one way the Foundation helps meet the daily costs of operating Menorah Park. If you have donated to the campaign already, thank you. If not, please respond generously. The 2010 annual campaign goal is \$250,000, and we can't accomplish this goal without your help.

You can donate online at [www.menorahpark.org](http://www.menorahpark.org), by calling the Foundation at (216) 595-7324, or by sending your contribution to the Menorah Park Foundation at 27100 Cedar Road, Beachwood, OH 44122.

Ultimately, it's about our residents. Please read the article about Florence and see just one of hundreds of stories about residents and families whose lives are changed at Menorah Park because **"Every Day Counts...Every Person Counts."**

## Every Person Counts: Florence

After her husband died ten years ago, Florence moved to Stone Gardens. She had shown early signs of Alzheimer’s disease and her children felt she needed a supportive, stimulating, safe environment. Her seven years at Stone Gardens were wonderful for her and her family. Her apartment was lovely, the staff couldn’t have been more supportive, and her life was marked with much joy and friendship.

When her health began to deteriorate, Florence moved to Menorah Park’s Friedman Pavilion, where she has lived for three years. The staff and atmosphere there has been equally supportive. She has worked on art projects in the Leona and Bert Rosenbluth Creative Arts Center and attended the Rose Institute for Life Long Learning. She greatly enjoys music programs and goes on many outings. On more than one occasion her children have visited only to find that Florence was out to lunch. “I

didn’t make it to the Home and Flower show this year, but my mom did!” said one of her daughters. When she needed medical care, the staff nursed her back from two hospitalizations and a couple of bouts of depression.

“The Friedman staff is unsurpassed in its compassion and kindness. The unit is run fabulously and the hands-on caregivers are the finest group of women you could find. I can’t imagine my mom actually thriving as she has anywhere else,” said one of her daughters.

Florence’s family is grateful for every day she has lived on the Menorah Park campus and in appreciation, makes regular gifts to the annual campaign. It’s their way of saying “thank you for the extraordinary care our mom has received over the past ten years.”

*Every day counts. . . Every person counts.*

## Dr. Julius Fishman Compassionate Caregiver Award

### *Nominate a Special Nursing Assistant*

In 2009, the Dr. Julius Fishman Compassionate Caregiver Award was established with a generous gift from Iris, Eric and Judith Fishman. Created in memory of Dr. Fishman, who was the medical director at Menorah Park from 1984 to 1997, the award is presented yearly to an especially compassionate nursing assistant. We hope that you have noticed a nursing assistant who is especially deserving, who cares for residents with compassion, patience and special attention, above and beyond expectations.

You can nominate a special caregiver by completing the form below and returning it to Jane Reagan at Menorah Park by September 1st, 2010. The cash award and plaque will be presented to the recipient at the employee recognition banquet in October.

Thank you to the Fishman family for recognizing Menorah Park’s wonderful nursing assistants in this way.

I would like to nominate \_\_\_\_\_ for the Dr. Julius Fishman Compassionate Caregiver Award.

This is why I think the above nursing assistant deserves this award: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your name: \_\_\_\_\_ Phone: \_\_\_\_\_

Send to: Jane Reagan, Human Resources  
 Menorah Park Center for Senior Living  
 27100 Cedar Rd.  
 Beachwood, OH 44122  
 Or via e-mail, [jreagan@menorahpark.org](mailto:jreagan@menorahpark.org)

# Generous Gifts From Thoughtful People

Donations to the Menorah Park Foundation benefit the residents of the Menorah Park skilled nursing home, The R.H. Myers Apartments, Stone Gardens, and Wiggins Place. The donations listed here were received June 1st – 30th, 2010. We make every effort to ensure that the information is accurate. Please let us know of any mistakes or omissions. Thank you.

## Annual Campaign

Amy & Ira Kaplan, Dolores & James Kleinman, Barbara & Stanley Meisel, Barbara & Abraham Miller, Steve Monto

*In honor of Steve Raichilson, Donna Trebets, & Lisa Cohen-Kiraly in deep appreciation for their kindness and help* - Florence & Gerald Lander

## Joanne & Robert Balantzow Cultural Arts Fund

*In memory of Peggy Kagen* - Joanne & Robb Balantzow

## Mildred Becker Flower Fund

Barbara & Eli Becker

## Esther & Milton Berman Family Nursing Assistants Appreciation Fund

*In memory of Maynard Melamed* - Esther Berman

## Marilyn & Jeff Bilsky Baking Fund

*In memory of Rabbi David Hachen* – Marilyn & Jeff Bilsky

## Bilsky Family “It Can Be Done” Fund

*In honor of Arthur Baum’s birthday* - Rosella Rosenberg

## Lynn & Barry Chesler Arts & Crafts Fund for Looking aHead

*In honor of Sally Good’s milestone birthday, in honor of Sally Kronenberg, in memory of Nicholas Schoren and Nina Giunta* - Lynn & Barry Chesler

## Eileen Cohen Aquatic Therapy Fund

*In memory of Gene and Ellen O’Donnell* - Adrienne & Martin Berg

## Matilda & Morton P. Cohn Fund

Ellen & Vic Cohn

## Milton I. & Diana R. Davis Orthodox Religious Programing Fund

*In memory of Miriam Burstein* - Diana R. Davis

## Sally Deitz Nursing Fund

*In memory of Sallie Deitz* - Howard Guggenheim, Denys Resnick & Jeffrey Rothman, Evie & Gordon Safran, Rhoda & Alan Silver

## Eckelson, Kaplan, Kempner, & Udelf Fund

*Establish fund* - Holly Kempner & Warren White

## Employee Gift Fund

*In honor of Alan Sugerma’s birthday* - Allison & Les Levine

*In memory of Miriam Molecke* - Connie & Martin Molecke

## Muriel & Irving Ginis Children’s Fund

*In honor of Norman Ginis’ 70th birthday* - Barbara & Richard Schreiberman

## Mollie & Charles Goodman Fund

*In memory of Belle Goodman and David Robbins* - Donna & Allan Fried

## Dr. Arnold L. Heller Memorial Fund

*In memory of Lilian Youngman* - Doris & Marvin Cramer

## Bertha & Abe Kipperman Aquatic Equipment Fund

*In memory of Mildred Neuger; in honor of David Katz, the new home of Mr. and Mrs. Harry Zeid, and the anniversaries of Sandy Blum & David Marik and Marcia & Bud Ungar* – Susan & Stanley Stan Marik

*In memory of Steve Green, Revel Allerhand, Margaret Wine, and Mrs. David Shafron’s father; in honor of Dr. & Mrs. Shafron’s 50th wedding anniversary, get well wishes for Marvin Gisser* - Marcia & Bud Ungar

## Arlene & George Leventhal Card Fund

*In honor of Terri Kraus’ birthday* - Linda & Howard Sniderman

## Carter Nedley Memorial Fund

*In memory of Carter Nedley* - Katie McCartney

## Rose Persky Special Needs Fund

*In memory of Rabbi David Hachen* - Diane & Norman Halpern

## Sylvia & Michael Piccus Rose Garden Fund

*In memory of Pearl Margolin* - Staci & Robert Greenberg

## Bertha “Birdie” & Jack Polster Entertainment Fund

*In honor of the naming of twin grandsons, Jake & Ben Kaye* - Lois Kaye

## Gertrude & Henry Polster Memorial Fund

Frances & Sheldon Polster, Judy & Donald Zauderer

## Judy & Marvin Ritzenberg Family Holiday Flower Fund

*In memory of Albert Kossoff and Yetta Erlich* - Judy & Marvin Ritzenberg

## Hirsh Rivitz Family Reform-Conservative Service Fund

*In honor of Joan Rivitz* - Ruth Moss

## Amy & Ken Rogat Fund

*In memory of Molly Bell* - Amy & Kenneth Rogat

## Enid & David Rosenberg Dream Fund

*In memory of Robert Glick* - Enid & David Rosenberg

## Margaret & Carl Rosenberg Fund

*In memory of Goldie Lieberman and Sheldon Mann* - Judy & Marvin Solganik

## Leona & Bert Rosenbluth Passover Fund

*In memory of Florence Leibenhaut* - Faye & Michael Bass

## Harriet & Sol Roth Garden Fund

*In memory of Rabbi David Hachen and Irving Robinson* – Harriet Roth

## Mildred Saltzman Mother’s Day Fund

*In memory of Betty Romisher* - Judith & Burton Saltzman

*In memory of Joni Katz* - Helene Krasney

## Schneerb & Sokol Family Reform and Conservative Services Fund

*In honor of Irwin Sokol’s birthday* - Phyllis & Norbert Loeb

## Edith B. & Alvin O. Schreiberman Garden Fund

*In memory of Irving Robinson* - Barbara & Richard Schreiberman

## Melvin J. Singer Memorial Fund

*In honor of Toby & Bernie Bader’s 50th anniversary* - Sandra & Gene Zuckerman

## Dora & Harry Solganik Fund

*In memory of Goldie Lieberman and Sheldon Mann* - Judy & Marvin Solganik

*In memory of Kevin Herzog* - Vivian Solganik

## Sylvia Wald Volunteer Appreciation Fund

*Wishing Alex Szilvas a speedy recovery* - Sylvia & Martin Wald

## Ida and Herman Weinberg Jewish Holiday Fund

*In honor of Father’s Day for Herman Weinberg* - Karen & Amin Weinberg

*In honor of Herman Weinberg’s birthday* - Harriet & Mel Morris

### Myra & Howard Whitelaw Celebration of Life Fund

*In memory of Gertrude Weissman, Inge Isaacs, and Vivian Gattuso - Barry Henkin*

### Jean & William Wilkoff Judaic Art Fund

*In honor of marriage of Mr. & Mrs. Howard Schneider's grandson - Susan Schermer*

*In memory of Goldie Lieberman - Lois & Marty Marcus*

### Mandel Adult Day Center

*For exercise classes - Anonymous*

*In memory of Harriet Greenberg - Judith & Robert Goodstein*

### Rabbi's Discretionary Fund

*Aliyah for Fred Fleischer - Hanna & David Hoenig*

*Misheberach for Freyda Malik's grandson, Yosef ben Baila - Mildred Task*

*Judaic Scholar in Residence program - Marcia & Alec Berezin, Susan & Dan Borison*

*Yizkor - Leona Berkowitz, Goldie Wiederhorn*

*In honor of Celia Friedman - Rita Rosenberg*

*In memory of Irene Fleischer - Wendy & Steven Grossman*

*In memory of Miriam Molecke - Connie & Martin Molecke*

*In memory of Louis Rosenberg - Enid & David Rosenberg*

*For Yahrzeit, Pesach, Shavuot - Eleanor Wayman*

### R. H. Myers Apartments

Stanley Bernath

*For Reform worship services - Marsha & Jim Spitz*

*Yizkor - Rosalind Geller*

*In honor of the Bat Mitzvahs of Evelyn Kaye and the "Amazing Eight" - Stephanie Snyder*

*In honor of Alan Sugerman's birthday - Ileana & Frederick Zacharchenko*

*In honor of the birthdays of Irv Beckenstein and Esther Kottler - Natalie & David Rothenberg*

*In memory of Gertrude Weissman - Faye Warren*

*Building of Senkfor Family Patio - Leonard Senkfor*

### Wiggins Place

*Employee Gift Fund - Robert Cooper/Cooper Sales*

*Senior prom at Wiggins Place - Terri & Stuart Kline*

*Fay Winger Flower Fund - Shannon & Brandon Davis, Amy & Marc Winger, Claudia & Ronald Winger*

*In honor of Irving Miller - Janet Burton*

*Concierge Program - in memory of Florence Leibenhaut - Beverly Arnold, Toni Footer, Athene & Warren Harmel, Patricia Howard, Barbara & Walter Kahn, Marcia Koren, Jen Barbati, and Anthony Barbati, Susan Leibenhaut, Ellen & Robert Leibenluft, Deborah & Andrew Lipman, Ruth & Doug Mayers, Cecily & Irwin Newman, Ellen & Gary Petler, Andrea & Stuart Rich, Myra & Richard Stone, Sandy & Tim Wuliger*

### General Support

*In honor of the marriage of Susie and Alan Kopit - Nora & Brian Berman*

*In memory of Joni Katz and Art Shorr - Roz Krasney*

Donna & Les Glazer

Max Smith Philanthropic Fund of the Jewish Federation of Cleveland

*Charitable Gift Annuity - Lillian Ronder*

*For garden - Annette & Sheldon Haberman, Eileen Simon*

*Therapeutic drumming & Tai Chi programs - Helen & David Nagusky*

*In honor of Leon Weiss - Jewish Federation of Cleveland*

*In honor of Peter Meisel's birthday - Nancy Wolf & Aric Greenfield*

*In honor of Shelly Conner and Mike Magden - Shirley Gaye*

*In memory of Shirley Apisdorf - Judith & Larry Klein*

*In memory of Molly Bell - Carole & Martin Blake, CarMAX Foundation, Joanna Mendelson Forman & David Forman, Ellen Halfon, Hermein & Martin Kahn, Susan Klarreich, Julia & Larry Pollock*

*In memory of David Boers - Ohio Lottery Commission*

*In memory of Elayne Davis - Jeffrey Schultz*

*In memory of Laurie Ekstein's mother - Betty Jaskulek*

*In memory of Robert Glick - Albert Adams, Baker & Hostetler LLP, Richard Bamberger, Janice Benes & Fred Doob, Brent Buckley, Buckley King LPA, Sheryl Butler, Charms & Giusto LLC, Margaret & Jonathan Chesler, Guardian ad Litem Project of Cleveland Metropolitan Bar Association, Adele & Irving Gold, Stephen Lampl, Karen & Ira Levinsky, Mindy & Jay Resnick, Debra Simms, Gail & David Stein, Nancy & Kris Treu, Sharon & David Weitzenhof, Cheryl L. Davis & Jonathan Wise, Carol & Michael Wolf*

*In memory of Mort Goldhamer - Annette Kolt*

*In memory of Rabbi David Hachen - Carolyn Adelstein, Lois Butler, Lois Davis, Florence & A. Richard Dobrin, Mary Kay DeGrandis & Edward Donnelly, Jacqueline Edelman, Charlotte and Larry Freeman, Florence & Robert Goodman, Lila Held, Jayne & Richard Jones, Ruth & Irving Kaufman, Merle & Robert Kiwi, Joanne Klein & Marshall Nurenberg, Roz Krasney, Cookie & Herb Marcus, Harriet Morse, Donna Moss, Diana Packer, Paula and Michael Penzner, Charlotte Price, Suzanne & Monroe Roseman, Maude & Melvin Shafron, Felicia and Jack Shapiro, Sally & David Stashower, Janet & Will Sukenik, Temple Emanu El, Trudy Ernst & Maurice Weinrobe, Nancy Wolpe*

*In memory of Inge Isaacs - Margo Vinney & Jeffrey Chaitoff, Helen & Louis Wolfson*

*In memory of Pearl Margolin - Carolyn & Allan Hartman, Merabeth & William Lurie, Rosemary & Jeffrey Margulies, Joan & James Wieder*

*In memory of Miriam Molecke - Juliann & James Mancino, Audie & Ronald Yospur*

*In memory of Betty Romisher - Nancy & Gerald Marsh*

*In memory of Esther Shore - Ellen Durand, Nancy & Bernard Friedman, Rose Priesand, Maureen & Melvin Weisblatt*

*In memory of Benjamin Weiss - Heather Long, Susan & Ronald Pollack*

*In memory of Gertrude Weissman - Faye Diamond, David Ginsburg, Sandra Helm, Charles Leeds, Fran & Peter Molay, Shugoll Research, Inc., Julie & Jeff Stein, Thelma & David Stovsky, Jay Weissman, Esther & Yale Weissman*

*In memory of Elena Yakumithis - Phyllis Fishman*

## Finding Love in the Translation



The best thing about being lost in Mexico is meeting a beautiful woman who agrees to become your wife, according to Cleveland native Fred

Solomon. Married 60 years in September, Fred met Eva just out of the Army; he was in search of a translator and directions. Eva had a strength about her that attracted Fred.

On their first date, he accidentally burned a hole in her white coat at a nightclub. She forgave him, and agreed to marry him when he wrote her a letter from Cleveland asking her to be his wife. He sent her a plane ticket and she came.

They married each other twice! The first time was before a justice of the peace on West 6th, in Cleveland. The second time was in Mexico City. They honeymooned in Acapulco. Adventure was in their blood and they regularly took cruises all over the Caribbean. They later had a son and a daughter, then four grandchildren, including a set of twins.

Their secret to a happy marriage is to “agree to disagree.” “We thought renewing our vows was a good idea; we decided to join everyone else and just do it,” said Eva, and Fred listened!

## A Funny Thing Happened in the Marriage Booth



Harriet and Danny Kay met in 1946 in Michigan. That year they went to a party which had a “Marriage Booth” where they had their photo taken and they received a faux “wedding certificate.” One year later-- to the day -- they were really married

by the same Rabbi who had married both sets of their parents; the last wedding at which the Rabbi officiated! They drove to Chicago through a huge snowstorm, where they honeymooned. Exactly 53 years later, as they renew their vows, they remember those early days and look at their life together, noting that humor has helped them weather life’s storms. They lost one of their three children in an auto accident, and Harriet has survived many surgeries. She says, “I’m a patchwork quilt!” Now, she lives at Menorah Park, and Danny just a few hundred yards away at The R.H. Myers Apartments. They handle this separation as if Danny snores – and Harriet sleeps in the next bedroom! They spend as much time together as possible. They share the gift of undying love!

## Family is everything for the Brodsky’s

*Special by Menorah Park Intern Caitlyn Kahan*



Helen and Lester Brodsky have been happily married since March 2nd, 1941. This couple finds happiness in each other, their children,

grandchildren and even great grandchildren! Lester got together with Helen at a party one night, and insisted that she dance with him. After hitting the dance floor all night,

Helen told the gentleman that she went to the party with that Lester was going to walk her home. Helen must have left an impression on Lester because that night, Lester told his sister that he had met the woman he was going to marry. Lester says he “loved her very much at the time” jokingly putting an emphasis on “at the time!” as he looks at Helen and laughs. Helen graduated high school in June of 1940 and married Lester the following March, 1941. They honeymooned in Detroit, Michigan, where they say they will “never forget the Cadillac hotel.” Helen’s eyes light up as she talks about their three children. When asked about their grandchildren, Helen says, “now it’s a story.” It is apparent that Helen’s and Lester’s stories begin and end with their family. As this couple takes the stage to renew their vows, there is no doubt that their family will be right by their side.

## A Life-Time of Sharing

Special by Menorah Park Intern Caitlyn Kahan



Sylvia and Alex Hirschler have been joyfully married since April 8th, 1968, more than forty-two years. Sylvia says they “understand each other and life is nice.” They met while Alex was

visiting from Israel. Sylvia said Alex came to her beauty salon and her beautician introduced them. They met frequently and fell in love. They were married at a temple in Washington and honeymooned in Florida and the Caribbean. Alex and Sylvia share everything, Sylvia explains; a home, memories, a life together and even Sylvia’s son from her first marriage. They smile while showing pictures of family members. They have lived at The R.H. Myers Apartments for five years, and are happy to renew their vows, obvious by the way they hold and sit next to each other, forever together.

## Menorah Park is Excellent!

*continued from page 1*

Park an excellent place to live, and is different from other nursing homes as evidenced by the high quality of care provided. Congratulations on the outstanding achievement!

Stone Gardens also has a reason to celebrate! Stone Gardens has accomplished zero deficiencies. Similar to the Menorah Park inspection process, two inspectors came to Stone Gardens unannounced for two days. They surveyed fire drills, housekeeping, sanitary conditions, medication passes and dining service. There was also a PH test of the water and the surveyors spoke with residents among the 116 Apartments in Stone Gardens. Stone Gardens was awarded with zero deficiencies after all of these care services were examined. Congratulations to the Menorah Park skilled nursing residence and Stone Gardens Assisted Living!

### What Service Will Help Your Loved One?

This is often a challenging question to answer, especially when a crisis occurs. We’re here to help you connect to the right services needed for the best life possible. Call (216) 839-6678 for general information about our various programs. Call Community Liaison Kathleen Parrino, MSSA, LISW at (216) 402-0895 to determine which services work best for you.

### Cell Phone Help at ADC

The Mandel Adult Day Care Center’s Embassy Club at Menorah Park recently invited representatives from the Safelink Program to present information about a free cell phone program for seniors and the disabled. ADC participants have taken the information and independently signed up and phones are on the way to them. We thank ADC for helping to promote independence through technology!

For more information, check out the website [www.safelinkwireless.com](http://www.safelinkwireless.com) or call 1-800-977-3768.

## “Your Life Made Simpler”

The Menorah Park Adaptive Living Shoppe offers a variety of assistive devices and solutions to make your life easier

### Do You or a Loved One...

- Have trouble remembering medications?
- Have trouble hearing the TV?
- Have trouble seeing the newspaper?
- Want to have more independence?



**WE CAN HELP!!**

#### Equipment for Rental and Sale

- Kitchen Adaptive Devices
- Bathing and Dressing Devices
- Magnifiers
- Talking Watches and Calculators
- Motion Lighting
- Phone Amplifiers
- Medicine Dispensers

## Adaptive Living Shoppe

Solutions for an easier life

Located at Menorah Park, 27100 Cedar Road, Beachwood

216-450-5566 [www.AdaptiveLivingShoppe.com](http://www.AdaptiveLivingShoppe.com)

## A Blogging Good Time!

Stone Gardens now has a blog! To read about the fun activities and to see fun and exciting photos, go to [www.stonegardens.org](http://www.stonegardens.org) and click on COME JOIN OUR BLOG and the FUN at the bottom of the page!

The Menorah Park Adult Day Center also has a blog! It is available at [www.menorahpark.org](http://www.menorahpark.org) Just click on GO NOW under Want to share more information? JOIN OUR BLOG, where photos and calendars are shared!

Don’t forget to check out the many amazing aquatic and land-based therapy services and events happening at [Lewisaquaticcenter.blogspot.com](http://Lewisaquaticcenter.blogspot.com)!

## Massaging Away Stiffness!

Touch is one of the most overlooked healers that provides physical and emotional comfort; a powerful and easy tool used quite often as an alternative medicine. Massage therapy can help relieve the “creakys” and help keep us moving, while providing a natural and effective alternative for treating common maladies. Health benefits from massage therapy include relief from muscle soreness, more relaxed soft tissues, increased delivery of blood and oxygen to the massaged areas and increased circulation, a decrease in pain, cramping and spasms, increased joint flexibility, reduced recovery time after a surgery or injury, relaxation, and general wellness. The term “massage therapy” encompasses techniques such as stroking, kneading, tapping, compression, rocking, friction, and pressure to the muscular structures or soft tissues of the body. It is performed with the use of the hands and fingers, forearms, elbows and sometimes feet.

For those suffering from a chronic condition or daily stresses, a massage may provide a sense of peace and well being. Remember “good health is your greatest wealth.”

The Peter B. Lewis Aquatic & Therapy Center offers various types of physical therapy to help alleviate muscle tenderness and strains. For more information, call: 216-595-7345.

Contact Carol Murphy, LMT, at Stone Gardens at 216-244-4929 and/or Donna Lipson, LMT at RHMA at 216-469-7711 to make an appointment for a massage.

## “Fiddler on the Roof” Treats a Packed House at Saltzman

Residents, family, staff, and community members filed into the Saltzman Auditorium to experience energized



excerpts from the highly acclaimed and magically entertaining “Fiddler on the Roof” recently. Ten cast members treated a full house with rousing, heartwarming songs and portions of the timeless classic between performances at the Palace Theatre at Playhouse Square. Based on the stories of Sholom Aleichem, the Tony Award winning musical brought smiling faces of all ages, and much clapping and toe tapping! While interviewing for this article, we learned that two cast members have family at Menorah Park!

## Community Help Needed as Deadline to Help Kids Approaches!

Wiggins Place is in a final collection effort to help kids get the supplies they need for school. For the past four years, the Wiggins Place Social Action Committee has collected supplies from tenants and staff to give to local children. Collectively, the committee has helped approximately 30 school kids start their scholastic year in the past! **Now, we are asking the community to get involved.** We are aiming for the biggest collection of supplies we have had to date by August 4th. Donations can be dropped off at Wiggins Place. What a great way to help the community with such a meaningful project! Call Tracy Dershau at 216-831-2881 for more information.

## View the Beauty at an Artist’s Reception



View artwork born from the creative mind and skill of Stone Gardens Resident Hy Snell at a showing of his work in the main hallway of Stone Gardens from August 12th through August 15th.

While he has sold more than one thousand pieces of art by setting up on street corners during his younger years, Mr. Snell has held a longstanding dream for his work to be noticed by the general public. At the age of 91, his works were recently displayed at two local art galleries, and he was featured in The Plain Dealer arts section.

Many who were not able to make it to those exhibits will have an additional chance to view his incredible work and witness the talent of this self-taught artist.

An Artist’s Reception is scheduled for August 12th at 4:00 p.m. in the Rose Garden at Stone Gardens. Call 216-292-0070 for information.

Menorah Park Center for Senior Living  
 Bet Moshav Zekeim Hadati  
 27100 Cedar Road  
 Beachwood, Ohio 44122

Non-profit Organization  
 U.S. Postage  
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 Permit No. 2206  
 Cleveland, Ohio



## August- Menorah Park Skilled Nursing Home Activities/Outings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Music with Al Mazur 2:45 p.m.	<b>2</b> Distance Learning MBR • 2:30 p.m.	<b>3</b> Russian Group Fairmount Pavilion 10:30 a.m. High Tea with Mike Leamon • 3:00 p.m.	<b>4</b> Cabaret Lounge 2:45 p.m.	<b>5</b> Music Time with Chuck Tamblyn 2:45 p.m.	<b>6</b> Oneg Shabbat 2:45 p.m.	<b>7</b>
	Shaker Lakes Picnic Fairmount 2	Olive Garden Beachwood & Fairmount 1	Scrambler Marie's Weinberg 1 & Friedman	Good Time III Weinberg 2		
<b>8</b> Pancake Breakfast 10:00 a.m. Sinatra Songs with Jason Stitt 2:45 p.m.	<b>9</b> Distance Learning MBR • 2:30 p.m.	<b>10</b> Russian Club 10:30 a.m. Wine Tasting Pearl's Place • 2:30 p.m. Menorah Café* 5:00 p.m.	<b>11</b> Rosh Chodesh ELUL Shofar Program • 2:00 p.m. High Tea with Cliff Habian • 3:00 p.m. Activity Dept. Open House • 6:00 p.m.	<b>12</b> Resident Choir RCAC • 10:30 a.m. Music with Fred & Norm 2:45 p.m.	<b>13</b> Oneg Shabbat 2:45 p.m.	<b>14</b>
	Ho Wah Weinberg 2	Ho Wah Beachwood & Fairmount 1	Movie & Lunch Weinberg 1 & Friedman	Ice Cream Shop Euclid	Longhorn Steakhouse Heights	
<b>15</b> Music with Wally Maxima 2:45 p.m.	<b>16</b> Distance Learning MBR • 2:30 p.m.	<b>17</b> Russian Group Fairmount 1 • 10:30 a.m. Drumming Fairmount 2 • 10:30 a.m. High Tea with Mary Beth Ions • 3:00 p.m.	<b>18</b> Entertainmobile 2:45 p.m.	<b>19</b> Residents' Council 2:45 p.m.	<b>20</b> Oneg Shabbat 2:45 p.m.	<b>21</b>
	Natural History Museum Fairmount 2	T.G.I. Friday's Euclid	Olive Garden Weinberg 1 & Friedman	Outing Weinberg 2		
<b>22</b> Classic Violin Music 2:45 p.m.	<b>23</b> Distance Learning MBR • 2:30 p.m.	<b>24</b> Movie Time 2:00 p.m. High Tea with Peter Tavens 3:00 p.m.	<b>25</b> Music Program with Kathy Cooper Seifert 2:45 p.m.	<b>26</b> Resident Choir RCAC • 10:30 a.m.	<b>27</b> Story Time with FUNDamentals Library • 10:30 a.m. Oneg Shabbat 2:45 p.m.	<b>28</b>
	Cleveland Metroparks Zoo Weinberg 2	Outing Russian Club	Wasabi Weinberg 1 & Friedman	Original Pancake House Euclid	Cleveland Museum of Art Heights	
<b>29</b> Bagel Brunch 10:00 a.m. Winds of Change 2:45 p.m.	<b>30</b> Distance Learning MBR • 2:30 p.m.	<b>31</b> Hillcrest Concert Band 7:00 p.m.		<b>* Reservations Required</b> • All Outings at 10:30 a.m. Except When Noted • All Services in Synagogue • All High Teas in Front Lobby • RCAC = Rosenbluth Creative Arts Center • MBR = Miller Board Room • All programs in the auditorium unless specified <i>Please note, activities are subject to change</i>		
		Olive Garden Beachwood & Fairmount 1				

To offer your feedback on this newsletter, please e-mail [sgavanditti@menorahpark.org](mailto:sgavanditti@menorahpark.org) or call 216-839-6687.