

# MENORAH PARK CAMPUS NEWS

Menorah Park Center for Senior Living Community Newsletter

February 2011

## Let Us Pick You Up

The Peter B. Lewis Aquatic & Therapy Center (LAC) has expanded its reach to serve more suburbs and municipalities. According to Ruth Plautz, Director of the LAC, free back and balance screenings, and free transportation to and from therapy appointments will be made available to all Bedford, Bedford Heights, and Oakwood adults over 18 years of age. All residents, city employees, and various business owners in the area can contact the LAC at (216) 595-7345 for more information or an appointment.



## Respite is a Stone's Throw Away From Home



The new respite suite is now ready for a guest at Stone Gardens Assisted Living Residence. Loved ones and care-givers who live locally or afar who may need a temporary place to stay for health-care

services or other unforeseen reasons, will now have a place to rest their hearts and minds. This beautifully furnished, exquisitely designed Respite Suite is designated for long or short-term stays at daily

rates. All inclusive amenities include hot, well-balanced meals, nursing, activities, socialization, and much more. For more information, contact Ross Wilkoff at (216) 292-0070.

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## From The Administrator's Desk Jews Meeting Jews Around the World



**Richard Schwalberg,**  
**Menorah Park**  
**Administrator**

With worldwide vision and an innovative approach, Menorah Park Campus is blazing a trail in creatively connecting our residents to other nations, cultures, and people who have much to teach us, and who can learn much from us. We are pleased to announce the new Gam Yachad Project, involving the residents of Menorah Park Center for Senior Living and Jewish people from foreign lands around the world. The Hebrew term Gam Yachad refers to people joining together as one.

## A Bracelet Could Save Lives

The Adaptive Living Shoppe is excited to carry the CARE Medical History Bracelet - the world's first and only personal integrated wristband preloaded with essential medical history and life-saving data.



The wearer's immediate and secure personal data takes just seconds for medical facilities to access in an emergency. With your health history in hand, emergency medical staff can expedite care, avoid medical errors, provide life saving medical treatment

immediately and possibly save a life. It's the medical information you want every doctor or emergency medical team to have. NOW ONLY \$20.00!

CARE Medical History Bracelet helps prevent dangerous drug interaction and medical mistakes while expediting medical care and saving precious minutes that can make a world of difference. Powerful and easy to use software lets you enter your complete personal health history that inputs to the computer-ready device in the band.

Millions of Americans live with chronic medical conditions, from asthma and allergies to heart disease, diabetes and Alzheimer's disease. Accurate and safe medical treatment demands access to the information health care providers need to make proper decisions.

According to health care professionals, the powerful CARE Medical History Bracelet can help save lives in a medical emergency or catastrophic situation. Hundreds of thousands of caregivers are already putting the CARE Medical History Bracelet on themselves and the people they love to ensure their information is readily available when needed.

Call (216) 450-5566 or stop by the Adaptive Living Shoppe for more information or to see a demonstration.

This unique and special initiative, developed as an exchange and sharing of religious traditions and customs between Menorah Park and foreign Jews, was conceived to provide our residents the opportunity to have a live exchange with other countries via the use of technology such as skyping and video teleconferencing. In real-time, our elderly residents will talk directly with Jews who are in Montreal, France, Israel, South Africa, England and Australia. Other countries to be included are Mexico, Morocco and India, and many more, as the program continues.

During these exchange sessions, discussion topics will include synagogue service traditions, high holiday celebrations, food and recipe swapping, music and songs, and pressing issues such as experiences in Anti-Semitism and the current Israeli/Palestinian situation.

The first session occurred last month with the residents of Maimonides Geriatric Centre in Montreal, Canada, who were equally as excited as we were to share between our groups. They said they look forward to maintaining relationships with letters, postcards and emails.

We are conducting at least one new session each month with a different country, and look forward to expanding the program in the future to include other campus clients as well. This exciting endeavor is the beginning of many wonderful and enlightening experiences and relationships. We are thrilled to celebrate the opportunity to connect to Jews around the world with our very own residents.

**Menorah Park's**  
**Marcus Rehabilitation Center.**  
**We'll get you back to your game.**

Inpatient  
Post-hospital Care
Home  
Health
Outpatient  
Rehabilitation
Wellness

**With a National 5-Star rating and a perfect state inspection -**  
We're known for focusing on more than just getting you back home after an illness or surgery - we want to get you back to golf, tennis or whatever you love to do. That's the goal of our compassionate care specialists who use the latest techniques and a team approach, which even includes a seamless transition to home health services and outpatient therapy.

**The Center Offers:**

- A personalized plan of care
- Two full-time in-house physicians
- Aquatic, physical, occupational and speech therapies
- A transitional living suite where you can practice skills safely in a home setting not unlike your own so that you can identify challenges and address them before returning home
- Reservations accepted for post-op stays after hip, knee, back or other surgeries

**Call Lisa Cohen Kiraly at 216-839-6633**  
**and find out how easy it is**  
**to rehab at Menorah Park**

Admission 24 hours a day, 7 days a week.

# The Four Chaplains



**Rabbi Ephraim Karp,  
Director of Spiritual  
Living**

February brings with it a commemoration that every community needs to acknowledge. It is the remembrance of the four chaplains aboard the USAT Dorchester on February 2nd, 1943. The Dorchester was an Army transport ship carrying 902 service men across the icy waters from Newfoundland toward an American base in Greenland. On February 3rd, at 12:55 a.m., a German submarine spotted the Dorchester and fired three torpedoes; one hit

the starboard side below the water line. Two Coast Guard Cutters responded and rescued 229 survivors. In less than 20 minutes the ship sank.

Aboard the Dorchester there was panic and chaos. The blast had killed many, while others groped in the darkness and jumped into the life boats, over-crowding and capsizing them. Through the pandemonium, four Army chaplains brought hope in despair and light in darkness: Lt. George L. Fox, Methodist; Lt. Alexander D. Goode, Jewish; Lt. John P. Washington, Roman Catholic; and Lt. Clark V. Poling, Dutch Reformed.

Witnesses heard the chaplains offer prayers for the dying and encouragement for those who would live. One sailor, Petty Officer John J. Mahoney, tried to reenter his cabin, having forgotten his gloves. "Never mind," Goode responded. "I have two pairs." The rabbi then gave the petty officer his own gloves. In retrospect, Mahoney realized that Rabbi Goode was not really carrying two pairs of gloves.

The chaplains began distributing life jackets. When they ran out, they removed their own and gave them to four frightened young men. When giving their life jackets, Rabbi Goode did not call out for a Jew; Father Washington did not call out for a Catholic; nor did the Reverends Fox and Poling call out for Protestants. They simply gave their life jackets to the next man in line. As the ship went down, survivors in nearby rafts could see the four chaplains--arms linked and braced against the slanting deck. Their voices could also be heard offering prayers.

The Distinguished Service Cross and Purple Heart were awarded posthumously December 19th, 1944, and a one-time Special Medal for Heroism was authorized by Congress and awarded by President Eisenhower on January 18th, 1961.

The Four Chaplains Memorial Foundation promotes memorial services across the country to raise awareness of the need for cooperation among all peoples. Please join us as we remember the Four Chaplains in Menorah Park's Jennie & Jacob Sapirstein Synagogue on February 3rd at 10:30 a.m.



**Selma Simon samples a sparkling glass of white wine during the tasting. Menorah Park residents and their guests enjoy wine and samplings of cheese, chocolate-dipped fruit, and the good company of friends. Come enjoy a new taste sensation each month. In February, join us on Tuesday the 8th at 2:45 p.m.**

## Students Bring Smiles



Residents were treated with a special intergenerational event on the last day of Chanukah. The Fuchs Mizrachi school came by to perform a series of short Chanukah presentations involving all fifty students. Students interacted with residents and escorted them to and from the program. Special thanks to our Activities and Spiritual Living department and to the students for helping to make this event a tremendous success.

Also, thank you to Leah Spector and her staff from the Agnon School for their wonderful musical presentation to our residents on the sixth day of Chanukah.

## A Most Distinguished Honor



Dieter Myers, son of David N. Myers had the honor of presenting the David N. Myers award to Keith Libman. The award is given to a Menorah Park trustee with criteria higher than that for a Life Trustee. Menorah Park's highest award recognizes an individual for his or her work at Menorah Park and the general community,

which mirrors Menorah Park's values. The award is not automatically given every year but only when the Board Leadership and Nominating Committee deem someone deserving of it.

Keith joined the Menorah Park board in 1989. Since then he has been an active member of the board of trustees, Past President of Menorah Park's Board of Trustees and has served on several board committees as a member or chair. The Myers award also recognizes the awardee for work beyond Menorah Park. Keith maintains an intense level of involvement in the nonprofit and civic communities. He has served as board chair of The Temple Tifereth Israel and the Northern Ohio Golf Association and has held leadership positions in the United Way of Greater Cleveland, and as trustee and vice chair of the Jewish Federation of Cleveland. He recently became a member of the United Jewish Communities' Health and Long-term Care Workgroup, which is extremely helpful, as we jointly pursue national initiatives designed to improve the reimbursement system for senior services. Keith is the co-managing partner of Libman, Goldstine, Kopperman & Wolf, but he still finds time to engage in all of these important projects. We're pleased and honored to acknowledge all that he does for our community.

The award is a hand holding a cigar, signifying the persona of the man in whose honor the award was created. Mazel Tov Keith!

## A Worthy Recipient



Irving Stone was a warm, learned man; a leader and loyal philanthropist to causes dear to his heart. Menorah Park was one of his causes. When he passed away, his family decided that an award would be set up to honor and memorialize him by giving an award to a newer board member whose commitment, leadership

and involvement made a difference during his or her early tenure on the board. The prize for the award is an all expense paid trip to one of two national geriatric conferences and a plaque acknowledging the honor. There have been nine previous winners. This year's award winner is Becky Heller, and Leadership Development Chair and Immediate Past President, Enid Rosenberg, was pleased to present the award.

Becky is active at Menorah Park in a whirlwind of projects and continues to be an asset to Board Leadership Development & Nominating Committee, the Public Relations & Marketing Committee, Special Events, and the Menorah Park Foundation. In addition to all that she does with Menorah Park, Becky is a Mandel Symposium graduate, co-chaired the recent Federation Washington mission, is active with the US Holocaust Memorial Center, chairing their events in Cleveland, has been a Federation Women's Division Board Member, a member of the National Young Leadership Cabinet, and much more. She understands that to lead, her parental lessons along the way are important too. Through her involvement as a parent, board member and officer with Gross Schechter Day School, she has taught her children and their classmates about aging and the importance of respect and understanding. Through tours of our campus, discussion groups and more, she has done so much toward increasing awareness in our community. Incidentally, her daughter, Lindsey, is a current member of Menorah Park's teen philanthropy board. Mazel Tov to Becky!



# Menorah Park Foundation

## Generous Gifts From Thoughtful People

Donations to the Menorah Park Foundation benefit the residents of Menorah Park skilled nursing home, The R.H. Myers Apartments, Stone Gardens, and Wiggins Place. The donations listed here were received **December 1-31, 2010**. We make every effort to ensure that the information is accurate. Please let us know of any errors or omissions. Thank you.

### 2010 Annual Campaign

Please turn to page 8 for a complete list of donations to the 2010 Annual Campaign, including gifts received in December, 2010.

### Esther & Milton Berman Family Nursing Assistants Appreciation Fund

*In honor of Shirley & David Siegel's 60th anniversary* – Esther Berman

### Marilyn & Jeff Bilsky Baking Fund

*In memory of Dr. Alan Bennett* – Marilyn & Jeff Bilsky

### Gilda Bram Fund

Lynn Berg & Howard Bram

### Lynn & Barry Chesler Looking aHead Arts and Crafts Fund

*In memory of Laurie Gerstein, Larry Dolin, Sally Rosen, and Patricia Wasacz; in honor of the birth of Eli Henry Vilensky* – son of Emily & Seth Vilensky and grandson of Sandy & Bill Lieberman and Judi & Alan Vilensky

### Eileen Cohen Aquatic Therapy Fund

Adrienne & Martin Berg

### Sally Roth Cohen Spirit Award Fund

*In memory of Lee Bernstein* – Franni & Reid Wasserstrom

### Marcy and Richard M. Cowan Clown Fund

*In honor of Marcy Cowan's milestone birthday* – Loe & Gary Goldwasser

### Philip L. Danzinger Memorial Medical Fund

Stephanie & Jeffrey Danzinger

### Milton I. & Diana R. Davis Orthodox Religious Programing Fund

*In memory of Esther Rabinsky, in honor of Dr. Leatrice Rabinsky* – Diana R. Davis

### Sharon & Bruce Epstein Wellness Fund

Sharon & Bruce Epstein

### Sadie Fisher Park Fund

*Wishing Barry Feldman a happy Chanukah* – Phyllis & Harold Feldman

### Dr. Julius Fishman Compassionate Caregiver Award Fund

*In memory of Julius Fishman* – Eric Fishman & Stephen Snyder

### Leah & Albert Frankel Playground & Garden Fund

*In memory of Leah & Albert Frankel* – Barbara & Richard Rosenfield

### Good Times Off Campus Fun/d

Sally Good and Sid Good

### Gordon Family Fund

*In honor of Davyd Gordon's Bar Mitzvah* – Darla & Jerry Gordon

### Dr. Arnold L. Heller Memorial Fund

*In honor of Mark Frankel's award* – Susan & Richard Glaser

*In memory of Dr. Arnold Heller & Marvin Cramer* – Judy & Stanley Bass

*In memory of Elliot Besunder* – Florence Brofman

### Sandra Hertz Memorial Fund

Linda Rae & Drew Hertz

### Dr. William Hirschman Music Appreciation Fund

Clifford Hirschman

### Eckelson, Kaplan, Kempner, Udelf Fund

*In memory of Ida & Hyman Kaplan, Bertha & Herman Kempner* – Marjorie Kempner

### Bella & Albert Korman Children's Outings Fund

*In memory of Bella & Albert Korman* – Dale & Howard Korman

*In memory of Freda Davis* – Sharon & Sheldon Korman

### Kraus-Grossman Family Passover Fund

*In memory of William Kraus & Alyce Kraus* – Terri & Kenneth Kraus

### Jean & Julian Kurlander Memorial Fund

Bonnette & Donald Kurlander

**Arlene & George Leventhal Card Fund**

*In memory of Arlene & George Leventhal – Terri & Kenneth Kraus*

**Myrtle & Lewis Miller Memorial Fund**

*Lewis Miller Memorial Fund of the Jewish Federation of Cleveland*

**Bonnie & Dieter Myers Young Artists Fund**

*In memory of Richard Myers – Barbara Gross & Terry Pollack, Elaine Neifach, Lori & Steve Raichilson, Nancy Whitman*

**Carter Nedley Memorial Fund**

*Kelly & Michael Knight*

**Milton W. Paley Memorial Fund**

*In honor of Ethel Paley's birthday – Marlene Marcus*

**Rose Persky Special Needs Fund**

*Diane & Norman Halpern*

**Mamie & Solomon Rehmar Resident Outing Fund**

*In memory of Mamie & Solomon Rehmar – Judith Millenson*

**Rena "Mimmi" Reich Fund**

*In memory of "Mimmi & Poppi" Reich – Mildred Zucker*

*In memory of Rena "Mimmi" Reich – Kalman Zucker*

**Larry Reiss Men's Club Fund**

*Yahrzeit of Jacob Reiss – Larry Reiss*

**Hirsh Rivitz Family Reform and Conservative Services Fund**

*In honor of Joan & Richard Rivitz's 44th anniversary – Ruth Moss*

*In memory of Hirsh Rivitz – Dorothy Rivitz*

**Rogat Family Fund**

*Amy & Ken Rogat*

**Margaret & Carl Rosenberg Fund**

*In memory of Umberto Molinari – Risa Dunn*

**Enid & Stanley Rothenfeld Memorial Fund**

*In honor of Harriett Rothenfeld's birthday – Marvin Rothenfeld*

*In memory of Abe Kadis – Susan & Robert Zimmer*

**Barbara and Richard Schreiber Grandchildren's Arts and Crafts Fund**

*In memory of Jeffrey Doppelt – Barbara & Richard Schreiber*

**Lois Sherman Children's Fund**

*In honor of Larry Sherman – Susan McKean*

**Marc Alan Silverstein Family Unsung Hero Award Fund**

*In memory of Cyril Reider, Larry Dolin, and Bernard Olshansky; in honor of Terri & Stuart Kline's new grandchildren – Marc Alan Silverstein*

**Melvin J. Singer Memorial Fund**

*In memory of Karen Frisch – Gayle Singer*

**Naomi & Edwin Z. Singer Fund**

*In honor of Edwin Z. Singer's milestone birthday – Joan & Dan Holmes*

**Dora & Harry Solganik Fund**

*In memory of Linda Joseph – Judy & Marvin Solganik*

**Ida & Herman Weinberg Jewish Holiday Fund**

*Happy Chanukah to Herman Weinberg – Adelle Gross, Karen & Amin Weinberg*

*In honor of Herman Weinberg – Harriet & Mel Morris*

*In memory of Fred Fleischer – Beverly & Sanford Weinberg*

**Illein & Hans Youngman Floral Fund**

*In honor of David Ingber's birthday & Helene & Dave Ingber's anniversary; in memory of Phyllis Bloom – Illein Youngman*

**Mandel Adult Day Center**

*Frances Demchak*

*Brenda & McKinley Stallworth*

*In honor of William Vaccariello – Rufus Dudley*

**FUNDamentals Children's Center Expansion**

*Marvin & Larry Friedman*

*Elayne & Robert Kwait*

**Hospice Care**

*In memory of Freda Davis – Judy & Donald Dronzek, Lynne Friedman, Amy & Leo Rosner and Family, Adrienne & Melvin Wasserman, Phyllis Weinberger*

*In memory of Fred & Sara Fleischer – Charbel & Kelly Sayegh*

*In memory of Fred Fleischer – Barbara & Jeffrey Beder, Gayle & Alan Hochheiser*

*In memory of Jane Zwerin – Wendy & Michael Charna, Lillian & Dale Eickman, Diane & Jared Schnell, Hazel & Lauren Slaughter*

*In memory of Richard Myers – Mary Ann & Robert Vincent*

*In memory of Ruth Pitrone – Richard Feigenbaum, Linda & Jerry Groden, Judy & Roger Friedman, Alan & Janny Feigenbaum*

**Hospice/Reiki Program**

*In memory of Gertrude Weissman's birthday, Harvey Sisler & Robert Benjamin – Nancy & Sheldon Hartman*

*In memory of Susan Lowell Butler – Rozanne Weissman*

**Rabbi's Discretionary Fund**

*Mikhail Bahkman*

*Evelyn Kaye*

*Dianne Millstein*

*In memory of Charlotte Green – Monica & Stephen Rosenberg*

*In memory of Alex Wahl and Fred Fleischer – Barry Henkin*

*Yahrzeit of Florence Kendis – Sheila & Louis Weaver*

*Yahrzeits of Harry, Sarah, and Albert Hartman – Rosalind Geller*

**RH Myers Apartments**

*In memory of David Apple – Susan & Michael Saltzman*

*In memory of Lillian Berger-Bergson – Miriam Aptekar*

*In memory of Jane Zwerin – Ruth Farber*

**Sanford Bloch Garden**

*In memory of Sanford Bloch – Blanche Vederman and Ned Vederman*

*In memory of Elliot Besunder – Nadalane Bloch*

*In honor of Ernest Benchell and Larry Jones for a happy Chanukah – Andrea Bloch Vederman & Ned Vederman*

**Stone Gardens**

*In honor of Shirley Spitalny's birthday – Sheila Waldbaum*

*In memory of Marion Halle – Marjorie & Charles Evans*

*In memory of Phyllis Bloom – Laurel & Jonathan Berrie, Randi & Bob Broida, Olga Greenhut, Terri Laks, Susan & Richard Limbach, Paula & Donald Samuels, Annabelle Weiss, Jerome Weissfeld*

*In memory of Jackie Yaacobi – Laurel & Jonathan Berrie*

**Wiiggins Place**

*In honor of Arlene Angell – Beth Dollinger, Alan Angell, Arielle, Marissa, and Chava Angell*

**General Support**

*Anonymous*

*Helen & Herb Braun*

*Audree Cain*

Faye Diamond

Vivian & Joseph Koppelman

*Contributions to planned gifts* – Carol & Morton Frankel, Lori & Steve Raichilson

*In honor of Keith Libman* – Susan Reis

*For equipment at Peter B. Lewis Aquatic Center* – Homer Guren

*For a rebounder, rack, and balls for use in the subacute rehabilitation department* – Lois Gaynor

*For the 2011 Yom Ha'Atzma'ut Celebration* – Nora & Brian Berman

*To Euclid Pavilion for an ice cream social in memory of Sylvia & Robert Brooks* – Robyn Weintraub

*In memory of Alvin Arsham* – Adelle & Edwin Arsham, Hannah Baldwin, BEK Developers, LLC, Linda Capretta, Lawrence Charnas, Stacie & Joseph Dachtler, Beverly & Lad Erzen, Linda & Hank Frisch, Sally Good, Joan & Robert Green, Maria Heckaman, Alicia & Kirk Henrikson, Mary Ellen & Bob Hill, Tom Johnson/Forbes Hamilton Management Company, Sheryl & Mort Kane, Susan & Roger Katz, Joseph Kincaid, KPFF, LLC/ Les Fishman, Bob Neides, and Stanley Zimble, Rhea Meltzer, Andrea & Adrian Mesoznik, Joni Millard & Rick Kinter, Bonnie & Kenneth B. Miller, Edith Paetow, Joanne & John Petryshin, Yvonne & Werner Rauer, Deborah & Ralph Rosenthal, Ronald Traub, Sherill & Stuart Treitel, Carole Tuschman

*In memory of Kenny & Brian Baskind* – Jean & Robert Rosenthal

*In memory of Alvin (Danny) Baumal* – Nancy Agin, Ed & Helene Broidy, Ethel & Elliott Schultz

*In memory of Elliot Besunder* – Elaine & David Best, Janice & Marty Bursky, Victoria & Marc Byrnes, Estelle & Norman Engel, Eve Fishman, Shelly & Bob Grossman, Alden & Gary Guren, Jeanne Joseph, Jacqueline & Arthur Kaplansky, Lynn & Gary Lappin, Evan Lubline, Jodi & Stuart Lubline, Shawn Lyden, Mary & Lawrence Payner, Sally Price Ross & Howard Ross, Judith & Peter Rubin, Sid Savitt, Charles Schaefer, Alan Silverman, Rochelle & Robert Stone, Jill, Avery, & Simon Wieder

*In memory of Barbara Brenner* – Bea Wahl

*In memory of Larry Dolin* – Daryl & Ronald Bailey

*In memory of Jeffrey Doppelt* – Betty Rosskamm

*In memory of Tillie Duchon* – Nora & Myron Stern

*In memory of Hyman Eisen* – Susan & Michael Saltzman

*In memory of Celia Friedman* – Kathleen & Robert Mayer

*In memory of Leonard Gershowitz* – Carolyn & Melvin Grossman

*In memory of Joe Goldberger* – Donald Goldberger

*In memory of Albert Goulder and Jane Belsito* – Roz Krasney

*In memory of Charlotte Green* – Diana King & Family

*In memory of Suzanne Herman* – Ellen & Gary Petler

*In memory of Nancy Isakovic* – Carole Israel & Spencer Israel

*In memory of Abe Kadis* – Daryl & Ronald Bailey, Carol & Scott Burg, Renee & Kerry Chelm, Myrna & Bruce Eglin, Abe & Sylvia Greenspan, Lynda & Don Insul, Audree & Bruce Ison, Nancy & Jerold Kaplan, Margery & Lee Koosed, Nancy Kronenberg, Barbara & Dale Markowitz, Evie & Gordon Safran, Jean & Jay Schottenstein, Mary Ann & Gary Shamis, Susan & William Stagg, Penni & Stephen Weinberg, Judith Wittes

*In memory of Eileen Katovsky* – Babs Kaplan, Muriel Rosen

*In memory of Rose Kitner* – Fran & Mark Doris, Lori & Richard Josephson, Barbara & Darrell Kaback, Judi & Jeff Likover, Muriel Rosen

*In memory of Philip Kluchin* – Lisa & Kevin Chernikoff, Sharon & Bruce Epstein, Jordan Construction, Henrietta Kirschenbaum, Marci & Ron Kulberg, Nancy & Allan Pearl, Iris & Peter Pistell, Lynn & Fred Rosenberg, Shirley Weiss, Ellen Wolf & Leon Weiss

*In memory of Umberto Molinari* – Lori DeSantis/Hillcrest Pediatric Emergency Room, Doris & G. Matthew Pokopac, Teresa & John Young

*In memory of Thomas Moriarty* – Joyce & John Allers, Sue & Kevin Burmeister, Kathleen & Lee Kravitz, Mathilda Razek, James Reed

*In memory of Anna Narancic* – Judith Kish

*In memory of Sally Rosen, wishing a happy new year to Jared Berman, Elizabeth Berman, Amanda Berman, Roz Krasney, and Ruth Kruger, in honor of Carole & Howard Robin's wedding anniversary* – Nora & Brian Berman

*In memory of Sally Rosen* – Gertrude Arbitman

*In memory of Sally Rosen and Richard Myers* – Diane & Harvey Scholnick

*In memory of Harold Sicherman* – Seville Krause

*In memory of Alexander Wahl* – Lois Redd and the staff of Geauga West Library

*In memory of Martin Wasserman* – Marjorie Levine

*In memory of Gertrude Weiner* – Bernice Hutkin, Margery & Lee Koosed, William Spero



Thanks to the family of Sol Roth (z"l), Menorah Park's **Pierre's Parlor in the Park** is going to be undergoing a major renovation!

Construction is scheduled to begin February 1.

During construction, you may be slightly inconvenienced for a couple of weeks but when the new Pierre's opens, you'll all be able to enjoy all of your favorite Pierre's flavors in a beautiful, new atmosphere.

Look for the grand re-opening on Sunday, February 27 at 2:00!!



# MENORAH PARK CENTER FOR SENIOR LIVING

## 2010 ANNUAL CAMPAIGN

*Every day counts ... Every person counts ... Every gift counts*

### Co-Chairs

Nora Berman  
Ira Kaplan  
Michael Peterman

### Campaign Committee

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Howard Danzinger  
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Mort Epstein  
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Judy Weiss  
Steve Wiesenberger  
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*We gratefully acknowledge our friends and families who so generously contributed to the 2010 Annual Campaign. Donations listed were received by January 14, 2011.*

**Thanks to all of you, we exceeded our \$250,000 goal!**

### **\$5,000 +**

Cornerstone Pharmacy • Susan & Joel Hyatt • The Family of Ruth G. Kleinman • Elayne & Robert Kwait • Barbara & Abe Miller • Pollak Food Distributors • Deborah Porter • Judith & Burt Saltzman • Laura & Alvin Siegal • Trudy & Steve Wiesenberger

### **\$2,500 - \$4,999**

Nora & Brian Berman • Carol & Morton Frankel • Hastings Water Works Inc. • Sheila & Gerald Herschman • Jordan Construction • Dolores & James Kleinman • Rosalind Krasney • Nancy & Keith Libman • Sandy & Bill Lieberman • Susan & Peter Meisel • Naomi & Edwin Z. Singer

### **\$1,000 - \$2,499**

Marcia & Alec Berezin • Jeannette Bir • Deborah & Howard Bobrow • Susan & Dan Borison • Debby & Kenneth Cohen • Ellen & Vic Cohn • Jonathan Cooper • Doris Heller Cramer • Judy & Howard Danzinger • Donald Martens & Sons Ambulance Service • Fran & Mark Doris • Howard Epstein • Natalie & Mort Epstein • Brian Kane/FEC Mobile Eye Clinic • Fedeli Group • Joseph Felber • Lauren & Gary Giller • Aimee & Jeremy Gilman • Sally Good & Sid Good • Barbara Gross & Terry Pollack • Candy & Brent Grover • Becky & David Heller • Carol & Sol Jacobs in memory of their son Jacob • Lola & Melvin Kamins • Amy & Ira Kaplan • David & Judy Kaufman • Nancy & Rik Kohn • Jennifer & Randy Korach • Ethel & Earl Linden • Shelley & Gregory Marcus • Lois & Marty Marcus • Chaya & Robert Matitia • Ruth & Doug Mayers • Barbara & Stanley Meisel • David & Inez Myers Foundation • Bonnie & Dieter Myers • Helen & David Nagusky • Marjorie & Arthur Newman • Lenore & Nate Oscar • Kathy & Terry Ozan • Barbara & Michael Peterman • Lori & Steve Raichilson • Joan & Rick Rivitz • Amy & Kenneth Rogat • Enid & David Rosenberg • Carole & Charles Rosenblatt • Harriet Roth • Evie & Gordon Safran • Susan Schermer • Gail & Elliott Schlang • Diane & Harvey Scholnick • Leonard Senkfor • Joseph Shafran, Joan Shafran, and Paula Krulak • Katie & Michael Shames • Lawrence Sherman • Michael & Anita Siegal • Eileen & Robert Sill • Sheryl & Bart Simon • Snavely Construction • Marilyn & Ivan Soclof • Michal & Steven Soclof • Karen & Daniel Steiger • Marilyn & Robert Stein • Fran & Mark Steinbock • Penny & David Strauss • Taft Stettinius & Hollister LLP • Tibor's Kosher Meat Market Inc. • Jennifer & Neil Tramer • TriMark SS Kemp • Penni & Stephen Weinberg • Joy & Jerry Weinberger • Judith & Morry Weiss • Cheryl Davis & Jonathan Wise • Jane & James B. Wolf • Sandy & Tim Wuliger • Elinor & Larry Wymor • Donna & Bennett Yanowitz • Ellen & Daniel Zelman

## \$500 - \$999

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# Medical Excellence Award



*Dr. Frankel, center, celebrates with family and friends.*

Each year Menorah Park's Heller Selection Committee reviews nominations singling out men, women, and organizations in Northeast Ohio who have been cited for enhancing the field of gerontology and geriatrics, and have achieved a high degree of excellence in either or both of these fields.

The award is named after Dr. Arnold Heller, who served as the Medical Director of Menorah Park for 18 years prior to his untimely death at the age of 62. He was known for his compassion, competence, and gentle manner. Soon after his passing, the Dr. Arnold Heller Memorial Award was established.

We appreciate Doris Heller Cramer, the widow of Dr. Heller, whose ongoing generosity makes this honor truly special.

The recipient of the 2010 Dr. Arnold Heller Memorial Award is Dr. Mark Frankel, who received his award at Menorah Park's Annual Meeting in January. After selection, we were even more pleased to learn that Mark is the son of a member of the Menorah Park Campus family, Ann Simon, who lives at Wiggins Place.

Ann certainly had something to say about her son receiving this award.

"I was overwhelmed with pleasure and excitement to hear about this! Every mother feels her son is great, I'm no different! He is great!" Ann explained that at 15, after his father died, he took a leadership role in the family and made her very proud. "He is a good brother and a good son. They ask me 'what did you do, what did you do,' and I did not do anything. He was a good kid and I was fortunate. When he was a little boy he said he wanted to be a radiologist. His father was a doctor," she said.

Mark Frankel is a "home grown" prize. He graduated from Cleveland Heights High School, Washington and Jefferson College, and The Ohio State University. He did his internship at Mt. Sinai Hospital and residency in psychiatry at University Hospitals. After serving in the military he returned to Cleveland. He has held positions at

Case Western Reserve University, Mt. Sinai Medical Center, Metro General Hospital and the Brecksville V.A. Hospital, but the majority of his professional career has been at Lutheran Medical Center where, along with Dr. Herb Weiss, he established the geriatric psychiatry program there in 1984. Under Dr. Frankel's leadership since 1981, the program has become the Cleveland Clinic's center for geriatric care throughout their health care system.

Dr. Frankel is currently Chief of Staff at Lutheran Hospital, Chair of the Department of Psychiatry, Medical Director of the Division of Geriatric Psychiatry, and Director of Psychiatric Education at the Cleveland Clinic. He maintains a private practice centered exclusively on the care of geriatric psychiatric patients.

In addition to the honor of becoming the Heller Award winner, Mark received a check for \$1000 and his name was added to a plaque that lists all of the distinguished Heller Award winners, which hangs in Menorah Park's back lobby.

Congratulations again, Mark!

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## Enthusiastic Core Minding the Store at R.H. Myers Apartments

The convenience of the Myers Marketplace is only half of the advantage of having daily little extras readily available. It offers a nucleus of friendly, helpful volunteers who enjoy spending time with each other and with store visitors.

According to R.H. Myers Administrator Stew Collins, "The store makes not only milk, cheese and ice cream available to our tenants, but also daily essential such as toiletries, cleaning supplies and snacks to nosh on. The store is operated by the Tenants' Association of the building and "manned" by an enthusiastic and hardworking core of volunteers. Included in this team are Helen Boraz, Natalie Wasserman, Netta Berman, Larry Morrison, Bertha Solonitz, Edna Marx, Vera Israel, Lester Brodsky, Blanche Venderman ( a community volunteer) and Fred Solomon, who leads this mighty pack, and is responsible for scheduling, stocking and purchasing the goods available in the store."



**Bertha Solonitz, Helen Boraz and Gloria Bruell at the R.H. Myers Marketplace**

Through the generosity of Sanford Bleiweiss, previously an R.H. Myers Apartment tenant and now a resident of Menorah Park, a modernization upgrade was done to the Myers Marketplace just a year ago. This refurbishment allowed for additional counter space, enhanced lighting, and a new, improved check-out counter. "It's a very convenient place to buy many of the essentials you need," says Roz Geller. Ruth Eisner adds, "Stamps, candy, afternoon ice cream, snacks, cereal...you name it and you can find it in the store, and it's so convenient to have it here!"

## The Happy Winner is...

*By Volunteer Helene Weinberger*



Latoya Wolford, Charge Nurse of Heights 1 Pavilion, bought at the last minute the "6 for \$5.00" bargain raffle tickets, and was simply standing at the raffle desk when the grandson of Martin Kritzer, a Menorah Park resident, was asked to pull the winning ticket.

He did, and Latoya's name was announced with the winning amount of \$619.00. Talking with her four days later, she was still overjoyed, with a large smile on her face. When asked about any special purpose of her wonderful winnings, she said that

it had gone into the bank as part of her savings to buy a house. A very special holiday gift!

Dementia Excellence, the sponsor of the raffle, is a diverse committee which includes participation from Menorah Park, Stone Gardens, The R. H. Myers Apartments and Wiggins Place, chaired by Ilona Yornick and Linda Capwill. The mission is to educate staff members to view their work not only as caregivers, but as valuable human contacts. The committee sponsors the graduation of those STNA's who have earned certification in Dementia Excellence and of course finances the speakers who come to broaden the education of all who work daily with the residents who endure the losses that dementia brings.

## Good Deeds in a Basket

While the basket of goodies could be won for just a dollar, the proceeds from those who cared to participate and try their luck was much more valuable to the area's less fortunate. According to Tracy Derschau, Activities Director at Wiggins Place, "This is our 3rd annual New Years gift basket raffle, and the 2nd year that we have sold tickets at Menorah Park to help increase the revenue. This money goes into the Association's treasury, where it is distributed between good causes such as the Cleveland School Uniform Fund and the Cleveland Food Bank."



**Ida Kaufman (l), Ruth Schwartz (r) and Rabbi Howard Kutner**



**Adult Day Care Center participants and University School students have enjoyed a three year relationship. Students are paired with members of the Mandel and Embassy Clubs, getting to know each other one to one, and have fun in group programs such as Intergenerational Olympics. ADC will go to University School to visit their surroundings in the spring. We appreciate this longstanding collaboration between the groups.**

## In-House Medical Transport Division Coming to Menorah Park for Residents

We are pleased to announce a significant change with respect to medical transportation beginning this year. Very soon, Menorah Park will provide an in-house Medical Transport Division.

It is our goal to improve the level of service provided to our residents with our own emergency medical service (EMS) and ambulette service. The service will not replace the need to call 911 in extreme emergencies. It will improve wait times for ambulance and ambulette transports. The staff hired for this new division holds required state certifications as licensed paramedics and emergency medical technicians.



The start-up of The Menorah Park Ambulance and Medical Transportation Service requires necessary changes in the way medical appointments are scheduled. Beginning this month, all transports will be scheduled through Menorah Park nursing staff. This creates a smooth transition and helps to avoid scheduling issues in the future. To begin scheduling appointments, residents will each contact their Pavilion and provide the staff nurse with scheduling information such as resident name, appointment address, contact number, and desired appointment date. Appointments will be made based on availability of doctor's office and transportation schedule.

Residents, their families, and their caregivers who have questions may contact Tricia Erskine, Administrative Nursing Assistant at (216) 595-7336, or Prentice Lipsey, Associate Administrator at (216) 450-5575.

## Three Generations Come Together



### Grandparents Day Party 2010

***This is Lena Vinocur of Fairmount 2, and her niece Marcy Joubanc, and Lena's great-nieces.***

## Help Menorah Park Raise Money Just By Browsing!

We have something new and exciting we'd like to share with you! It's the new Menorah Park Center for Senior Living toolbar - once added to Internet Explorer or Firefox, each time you shop at more than 1,300 stores (from Amazon to Zazzle!) a percentage of your purchase will automatically be donated to Menorah Park Center for Senior Living - at no cost to you (and you may even save money as the toolbar provides coupons and deals as well!). The toolbar also has a search box and each time you search the Internet, about a penny is donated to Menorah Park Center for Senior Living. To get started, go to <http://www.goodsearch.com/toolbar/menorah-park-center-for-senior-living>.

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Menorah Park Campus News

## February - Menorah Park Skilled Nursing Home Activities/Outings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Russian Group Fairmount • 10:30 a.m. High Tea with Mike Leamon 3:00 p.m.	<b>2</b> Cabaret Lounge with Rich Gallo 2:30 p.m.  Outing Weinberg 1 & Friedman	<b>3</b> Four Chaplains Memorial Service 10:30 a.m. Music Program with Mike Wojtila 2:45 p.m. Bravo Weinberg 2	<b>4</b> Oneg Shabbat 2:45 p.m.	<b>5</b>
<b>6</b> Cantorial Singer Joanne Couch 2:45 p.m.	<b>7</b> Gross Schechter Intergenerational Judaic Programming 10:00 a.m. Distance Learning MBR • 2:30 p.m.  Ruby Tuesday Fairmount	<b>8</b> Russian Club 10:30 a.m. Wine Tasting in Pearl's • 2:45 p.m. Menorah Café* 5:00 p.m.  Outing Beachwood	<b>9</b> Twice as Nice 2:45 p.m.  Movie & Lunch Weinberg 1 & Friedman	<b>10</b> Resident Choir RCAC • 10:30 a.m. Movie 2:00 p.m. High Tea with Mary Beth Ions • 3:00 p.m.  T.G.I. Friday's Euclid	<b>11</b> Clown Troupe 10:30 a.m. Oneg Shabbat 2:45 p.m.  Scrambler Maries Heights	<b>12</b>
<b>13</b> Pancake Breakfast 10:00 a.m. Candle Light Dinner* 5:00 p.m.	<b>14</b> Gross Schechter Intergenerational Judaic Programming 10:00 a.m. Distance Learning MBR • 2:30 p.m.	<b>15</b> Russian Group Fairmount 1 • 10:30 a.m. Drumming Fairmount 2 • 10:30 a.m.  Longhorn Beachwood	<b>16</b> High Tea with Cliff Habian 3:00 p.m.  Pat Catan's RCAC	<b>17</b> Residents' Council 2:45 p.m.  Olive Garden Weinberg 2	<b>18</b> Men's Club RCAC • 10:30 a.m. Oneg Shabbat 2:45 p.m.  Mini-Purim/Purim Kattan	<b>19</b>
<b>20</b> Sunday Spectacular with Adina Bloom 2:45 p.m.	<b>21</b> Movie 10:00 a.m. Distance Learning MBR • 2:30 p.m. Dances of the Presidents • 7:00 p.m.  Olive Garden Fairmount	<b>22</b> Russian Club 10:30 a.m. Birthday Party with Strait Six Dixie Sizzling Jazz 2:45 p.m.  Ho Wah Beachwood	<b>23</b> Rabbi Karp Lunch with Residents 12:00 p.m. High Tea with Mike Petroni • 3:00 p.m.  Outing to Hattie Larlham	<b>24</b> Resident Choir 10:30 a.m. Music Program - Entertainmobile 2:45 p.m.  Olive Garden Euclid	<b>25</b> Story Time with FUNDamentals Library • 10:30 a.m. Oneg Shabbat 2:45 p.m.  Bravo Heights	<b>26</b>
<b>27</b> Bagel Brunch 10:00 a.m. Grand Re-Opening of Parlor in the Park 2:00 p.m. Selrec Singers 2:45 p.m.	<b>28</b> Gross Schechter Intergenerational Judaic Program 10:00 a.m. Distance Learning MBR • 2:30 p.m.	<p><b>* Reservations Required</b></p> <ul style="list-style-type: none"> <li>• All Outings at 10:30 a.m. Except When Noted</li> <li>• All Services in Synagogue</li> <li>• All High Teas in Front Lobby</li> <li>• RCAC = Rosenbluth Creative Arts Center</li> <li>• MBR = Miller Board Room</li> <li>• All programs in the auditorium unless specified</li> </ul> <p><i>Please note, activities are subject to change</i></p>				

To offer your feedback on this newsletter, please e-mail [sgavanditti@menorahpark.org](mailto:sgavanditti@menorahpark.org) or call 216-839-6687.